

इतानेखत

ANNUAL MAGAZINE OF NOPANY GROUP OF INSTITUTIONS



प्रकाशः तु ज्ञानम्

**EDUCATION HELPS YOU CHANGE THE WORLD,
KNOWLEDGE SHOWS YOU HOW**

VOL 16, 2021



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FROM THE DESK OF THE CHAIRMAN



**Education is the passport to the future,
for tomorrow belongs to those
who prepare for it today.
-Malcolm X**

The last two years were fraught with personal turmoil, dislocation and uncertainty. The pandemic disrupted every individual's way of life forcing us to innovate and improvise. One section of society that was specially hit hard was students.

The process of learning has never been easy and to add to that the uncertainty of pandemic certainly took a toll on education. As institutions grappled with unique and innovative ways of imparting education, it is a matter of great satisfaction that all our students took up the challenge head on and were able to make the best out of a difficult situation.

I hope and believe that this pandemic can be behind us as this society is slowly leaning towards more normal times. We will bounce back stronger as every occasion is a learning experience. Now is the time for us to strive to achieve excellence by gaining knowledge as much as possible.

I would like to take this opportunity to extend my best wishes to the management & faculty of Nopany Institutes of Management and Healthcare studies and to all our students for their continued hard work and dedication.

**C S Nopany
Chairman
Nopany Group of Institutions**

ABOUT

Nopany Group of Institutions is one of the premier educational groups in Eastern India. It consists of two Institutions:

1. Nopany Institute of Healthcare Studies (NIHS)
2. Nopany Institute of Management Studies (NIMS)

OUR HERITAGE

The establishment of the Nopany Group of Institutions (NGI) in 2002, in West Bengal, added a new chapter to an illustrious heritage. The origin of the group was with the establishment of the Nopany Foundation in 1993 to provide job oriented quality education as per the standards of industry requirements and healthcare. At present, NGI offers five courses in multiple specializations and is regarded as one of the best educational groups in Eastern India.

OUR OBJECTIVES

- To mould the minds of the young and create in them a desire to live in modern society as honorable and worthy citizens.
- To identify the requirements of the modern world and to implement educational programmes accordingly.
- To develop a passion for learning and academic excellence.
- To build a solid foundation for the future learning of the students.
- To ensure that students from all fields emerge with the ability to build themselves a promising future in their respective fields.

WHY SHOULD A STUDENT STUDY AT NGI?

The NGI has an illustrious heritage of more than a decade in imparting quality education. Nopany Institute of Management Studies (NIMS), Kolkata is one of the oldest colleges, affiliated to Maulana Abul Kalam Azad University of Technology, West Bengal (formerly known as West Bengal University of Technology) for conducting the 3-years full-time Bachelor Degree Courses in Business Administration, Computer Application and Hospital Management.

Nopany Institute of Healthcare Studies is the first private Physiotherapy College in Kolkata offering Bachelor in Physiotherapy (BPT) and Master of Physiotherapy (MPT) courses. It is recognised by the Department of Health and Family Welfare, Government of West Bengal and affiliated with the West Bengal University of Health Sciences.

VISION

- To build a conducive learning environment that promotes creativity and leadership.
- To maintain a continuous equilibrium of society, science, education and environment through the principles of Excellence, Efficiency and Ethics.
- To build linkage with Hospitals/ Clinics, Universities, Medical Faculties of repute for broader perspective and standards.
- To impart education and training through creation, utilization and dissemination of knowledge by focusing on the application of concepts in a diversified manner.

MISSION

- Commitment to the personal and professional development of individuals (staff members, students and faculty) throughout their entire career.
- Commitment to make University Education accessible and achievable to a wider section of society.
- Improvement and continuous upgradation of course curriculum characterized by significance, relevance, excellence and rigor to meet the growing need of the healthcare sector and create world-class professionals.
- Acquisition of state of the art skill and improvement of infrastructure, conducive to excellence in learning and character building.

NOPANY INSTITUTE OF HEALTH CARE STUDIES

(Affiliated to the West Bengal University of Health Sciences)

ABOUT NIHS:

NIHS has been founded with the mission to impact quality education to enable students to achieve their full potential. The ultimate goal of NIHS is to prepare physiotherapists, who are good clinician and analytical skills, excellent team workers, lifelong learners and are able to practice as excellent therapists in a variety of healthcare delivery systems.

To meet its obligation in teaching research work, scholarly activities, practice of service, NIHS has been studied with high quality professionally competent faculty, who are excellent teachers and legendary expert in their field.

Classes are conducted in A.C. classrooms with latest training aids. Further the institute has a well stocked library, well quipped physiology and anatomy laboratories and an extensive computer centre with internet connectivity.

NIHS has modern in-house clinic with state of the art equipments. The clinic is highly frequented by patients for quality treatment and it serves as good quality learning for students. The curriculum promotes different extra-curricular activities like celebration of World Physiotherapy Day, International Day of Persons with Disabilities, National and International Workshops and Seminars to ensure all-round development of students.

West Bengal Minority Development and Finance Corporation (WBMDFC), OASIS, EKALYAN, National Scholarship Portal (NSP) recognize the courses and provide lavish scholarships and loan facilities to NIHS students.

ACADEMIC PROGRAMS:

Nopany Institution of Health Care Studies has the unique distinction to become the first private institution affiliated to the West Bengal University of Health Sciences, Kolkata (WBUHS)

It conducts:

- Bachelor in Physiotherapy (BPT)- 4½ years
- Masters of Physiotherapy (MPT)- 2 years
 - ✔ Orthopaedics
 - ✔ Neurology

OUR ASSOCIATIONS:

- AMRI Hospitals Ltd, Kolkata
- B.M. Birla Heart Research Centre
- Belle Vue clinic
- Dr. BC Roy Postgraduate Institute of Pediatric Science
- Calcutta National Medical College and Hospital
- ESI Hospital (Sealdah)
- Woodlands Multispeciality Hospital Limited

FOR FURTHER INFORMATION OR PROSPECTUS PLEASE CONTACT:

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- ✉ info@nihs.ac.in
- ☎ +91-33-2533 2869, 25553380, 09830329882

GROWTH OF NIHS OVER THE YEARS



Year 2015

NIHS students won 1st prize in scientific poster presentation and quiz competition and 2nd prize in a cultural competition at IAPWB state conference 2015.

NIHS faculty members conducted a series of workshops and students won 1st prize in scientific poster presentation in PICON 2015 at Bhubaneswar

Prof. Shabnam Agarwal, Director Education presented scientific paper at WCPT conference at Singapore.

Dr. Tanusree Basak, Associate Professor, NIHS presented a talk on Expanding Horizons: The challenges of future entry-level Physiotherapy education at a conference conducted by SIP at New Delhi.

NIHS students were recruited by Portea Healthcare, Kolkata through on-campus interviews.

The total number of seats for the BPT course was extended to 50 by WBUHS.

Year 2017

NIHS faculty Dr. Anwesh Pradhan received Dr. M.G Mokashi award for the Best Teacher at International Physiocon 2017 held at Kanyakumari.

NIHS faculty members along with Director Education Prof. Shabnam Agarwal participated in the 2nd Annual Conference of Society of Indian Physiotherapists Bangalore.

NIHS became the Physio partner in the IDBI full marathon.

NIHS collaborated with Special Olympics Bharat and conducted camps for special children as "Fit Feet" & "Fun Fitness".

NIHS also started the "Happy Feet" project for children of different schools in Kolkata.

NIHS organised 3rd International Conference of the Society of Indian Physiotherapists in NOVOTEL Kolkata.

NIHS conducted free disability camps at the college campus, Mollarpur, Bishnupur and Pathuriaghata in collaboration with Rotary International.

NIHS students recruited as Assistant Physio at ATK FC and Kolkata Police.

Year 2019-20

NIHS celebrated World Physiotherapy Day by organising an awareness program in local community.

Prof. Shabnam Agarwal, Director Education received 'Lifetime Achievement Award' in the field of Physiotherapy and Rehabilitation from the Vice-Chancellor of Janardan Rai University at the 3rd International Physiotherapy conference.

NIHS faculty Dr. Anwesh Pradhan (PT), Associate Professor received 'Excellence in Physiotherapy Award' from the Vice-Chancellor of Janardan Rai University at the 3rd International Physiotherapy conference.

NIHS organised a SIP talk by Dr. Upendra Goswami from PGI Chandigarh at COMMUNIS auditorium.

NIHS organised a hands-on cancer rehab workshop by Dr. Shailendra Mehta at COMMUNIS auditorium.

NIHS celebrated International Day of Persons with Disability by conducting Free Physiotherapy Camp and various disability aids were distributed to needy disabled people.

NIHS faculty members with Prof. Shabnam Agarwal, Director Education participated in the 4th Annual Conference of Society of Indian Physiotherapists, New Delhi.

NSporte' provided onfield Physiotherapy service to CCFC Rugby team and at Saturday Club, Inter-Club Carnival.

Prof. Shabnam Agarwal, Director Education invited as speaker in the National Conference organised by Bangladesh Physical Therapy Association (BPA)

Dr. Tanusree Basak (PT), Associate Professor selected as a trainer for Special Olympics Bharat Bengaluru branch.

NIHS organised Physiotherapy Camp for Musculoskeletal Pain for Kolkata Police Traffic Guard at Nopany Institute of Healthcare Studies on 6th and 7th March 2020.

Year 2021

NIHS conducted a Webinar on Covid-19 Rehabilitation for NIHS students and Alumni in the virtual medium.

Prof. Shabnam Agarwal, Director Education invited as a Panelist in a Webinar on Overcoming Challenges in Clinical Physiotherapist Practice in times of Covid 19, organised by Central IAP.

NIHS students prepared an educative short film – 'Do Something Drastic Cut out the Plastic' on World Environment Day under the guidance of Dr Subhasish Chatterjee, Assistant Professor and Prof. Shabnam Agarwal, Director Education and faculty members.

NIHS launched Post Covid-19 Rehabilitation Clinic and organised free online consultation for Long Covid patients to celebrate World Physiotherapy Day.

Prof. Shabnam Agarwal, Director Education invited as a Guest Speaker in a radio live show Direct Dil Se with Jimmy Tangree on 91.9 Friends FM.

'Ek Zariya', NIHS Alumni Students Association took an initiative to support the people affected by the cyclone Yash in Sundarbans and distributed bags containing food items and essential commodities.

Prof. Shabnam Agarwal received Devi Award in the 'Literary and Academic' field organised by Bhartiya Bhasha Parisad and Sahitya Times.

NIHS celebrated International Day of Persons with Disability by conducting a Free Physiotherapy Camp at the college campus.

NIHS students were recruited by Portea Healthcare, Osteostrong Clinic, Kolkata via on-campus interviews.

About NIMS:

Nopany Institute of Management Studies (NIMS) is one of the leading Institutions of Eastern India. It imparts quality education in the field of management and information technology. The ultimate goal of NIMS is to prepare Business Executives and Entrepreneurs, who are imbued with analytical skills, excellent team spirit, and lifelong inquisitiveness and thus are able to contribute to the growth of the society at large.

West Bengal Minority Development and Finance Corporation (WBMDFC), OASIS, E-KALYAN, National Scholarship Portal (NSP), Swami Vivekananda Merit Cum Means Scholarship and West Bengal Student Credit Card Scheme recognize the courses and provide lavish scholarships and loan facilities to NIMS students.

Academic Programs:

Bachelor in Business Administration (BBA)

Duration: 6 semesters in 3 years.

In today's dynamic & globalised world, both government and private firms lead a country's economic development. Therefore, it is necessary to hire qualified efficient professionals for decision making, who can generate wealth for the firm. This is the main reason we recommend studying and making a career in business administration.

As its name indicates, it refers to how to administrate or manage a firm, so that resources are gathered and used optimally to achieve the firm's objectives as well as profits. This professional course is closely related to Economics, Finance, Accounting, Human Resource and Marketing.

Bachelor in Computer Application (BCA)

Duration: 6 semesters in 3 years.

The world today is sternly competitive and technology savvy. It requires technically efficient professionals. With the rapid growth of the IT industry, the demand of computer professionals is increasing every day. This rapid growth of the IT industry has created a sea of opportunities for computer graduates to work in the IT sector as programmers or software developers.

BCA comprises of the subjects like database, networking, data structure, core programming languages like 'C' and 'Java'

Bachelor in Hospital Management (BHM)

Duration: 6 semesters in 3 years.

Healthcare is one of the fastest growing industries in the country, particularly in Eastern India. The hospital management courses prepares a student for the overall management of a hospital, to ensure its smooth functioning through maintenance of all its infrastructure and equipment, as well as coordination with various departments. The hospital administrator's function is to ensure highest quality care at lowest cost with the objective of ensuring patient satisfaction.

This course is a unique combination of multidisciplinary areas like Medical Terminology, Hospital & Health System, Hospital Operations Management, Medical record science, and epidemiology & Analysis of Health Information Data etc.

This course imparts training related to medical field and provides an opportunity to work in prestigious hospitals along with doctors and other healthcare providers. University will award the degree as BBA (Hospital Management).

For further information or prospectus please contact:

 2D, Nando Mullick Lane, Kolkata 700-006

 www.nims.ac.in,

 info@nims.ac.in

 +91-33-2533 2869, 7044175206, 9007832252

GROWTH OF NIMS OVER THE YEARS



Year 2021

The BBA students are placed in Amazon, Wipro, DeltaX, KGK Diamonds, Sharekhan Ltd, Domino's, Bardhaman Fintech Private Limited, Malanto, TCS and many more.

The BCA students are placed in Tech Wishes Solutions LLP, Webfly Software, Reliance Nippon Life Insurance, and Hexaware Technologies.

The BHM students are placed in CIPACA (Chennai Interventional Pulmonology and Critical Care Associates), Apollo Gleneagles Hospital (Apollo Home care), Medica Superspeciality Hospital, Bhagirathi Neotia Hospital, CMRI Hospital, Oncquest Laboratory Ltd. (Bhubaneswar) and many more.

BBA 3rd Semester student, Nitish Kumar Shaw published an article on 'Green Economy' at Sanmarg e-paper.

BBA 5th Semester completed their internship at various noteworthy companies like Shoppers Stop, Unschool, Seekruit, Simoco Telecommunications South Asia Limited, ZPlus Security and Placement and Security Agency Pvt. Ltd., We Care (Aam Janta Media), Go Dutch, Performant, OneX Solutions, NYKS Raghunathpur, NBlik, Echoboom Management and Entrepreneurial Solution Pvt. Ltd., Adept Group.

Ms. Saroda Chatterjee, Coordinator-BBA presented paper on the theme 'Training and Development Drift: A Study on two leading Insurance Companies in Kolkata' at ISDSI Global Conference 2021: Leading Business in a FLUID World held at IIM Nagpur and published the same in the journal "The Journal of Oriental Research Madras".

Ms. Sarada Chatterjee, Co-ordinator BBA, completed MPhil from Makaut (Former West Bengal University of Technology)

Ms. Kaveri Banerjee, Coordinator-BCA participated in workshops and training sessions like Microsoft Security, Compliance, and Identity Fundamentals, AWS Discovery Day - An official introduction to the core concepts of AWS cloud", Big Data on AWS.

Year 2019-20

90% BBA, BCA and BBA(HM) students of the 2016-17 academic batch passed the Final Semester Examination

Job interview was scheduled in CELCOM Technologies Private Limited for BBA & BCA final semester students

BBA 2nd semester students were elected for Rootofly Online Services Pvt. Ltd for the summer internship

Students were offered multiple placement opportunities

Job offered to the students at TRUST CLUB Consulting Pvt. Ltd, Jio Campus Connect - Learn and Earn IDBI BANK, ESSAE, ICICI, SPASH, ARENA MULTIMEDIA

On-campus interview held for placement facilities in Apollo Hospital, Bellevue Clinic, Mission of Mercy Hospital

NIMS students pursuing higher studies at Symbiosis, XLRI, IMT(Ghaziabad), MDI

NIMS students performed events like poster presentation on 'Green Earth', Pot Painting, Sports Marketing, Digital Marketing, Quotation Writing, Artificial Intelligence, and introduction of 'Hall of Fame'

Academic Coordinator, Ms. Saroda Chatterjee (BBA) attended the Doctoral Colloquium at IIT Kharagpur and presented one paper on 'Training and Development'.

Year 2017

College facilitates scholarship facilities to the students.

Students achieved first position in Young India Talent Hunt programme.

Students were selected in XLRI, IIM, Symbiosis, and FMS Delhi for pursuing higher studies.

Students were given placement opportunities in AXIS Bank, ICICI, TCS, Apollo Hospitals, WIPRO, Infosys, Cognizant and many more.

First-fold increase of students in Hospital Management department

NIMS tied up with AMRI Hospitals for providing internship & placement facilities to its students.

Constructed new auditorium.

Year 2015

College turns into providing placement facilities to the students.

On campus interview held - at NIMS with ICICI Bank and Apollo Hospital.

Pass percentage increased up to 97%.



KNOWLEDGE AND EDUCATION

The trend in today's world is to google everything for information. The moment we have the information; we either use the information or share it. So, what is information? I googled and found a reasonable definition from several sites. Information is organised data or a set of data about something or someone and may be obtained from the internet, newspaper or books.

So when we gather information, do we understand all of it? If we need to or if it is interesting, we possibly do. Knowledge is a set of signs that represent the meaning (or the content) of thoughts that the individual justifiably believes that they are true. I was not too sure about this definition from <https://theeconomyofmeaning.com>. Which actually means that although I had information about the definition of knowledge, I could not confidently say that I understood the definition of knowledge. I looked up more information to obtain better knowledge. Guru google provided a better definition 'Information becomes individual knowledge when it is accepted and retained by an individual as being a proper understanding of what is true (Lehrer, 1990).

Most of the times, we have information. Someone who has a lot of information can mistakenly be called knowledgeable. Verifying that the information is genuine or from a trustworthy source is our responsibility and contributes towards acquiring knowledge about the subject. Sharing information without any knowledge should be done responsibly and with the rider that the source of information has not been verified.

Returning to the topic of knowledge, I browsed and found another definition or explanation.

Knowledge sharpens our skills like reasoning and problem-solving. A strong base of knowledge helps brains function more smoothly and effectively. We become smarter with the power of knowledge and solve problems more easily. * Everyday Life- Knowledge is important and useful in day to day events.

Acquiring knowledge involves cognitive processes, communication, perception, and logic. (<http://www.toppr.com>). Knowledge may be gained throughout life, and the more one acquires, the more one grows with it.

Education on the other hand is a process of systematic method of learning synonymous with formal training. It is acquired or delivered through a formal system like an educational institution (viz. school, college, university) and teaches skills such as reading, writing etc. and eventually culminates in the acquisition of a certificate or degree.

In my opinion (which indeed is a personal one), knowledge is superior to education. Although it is conceded that knowledge gained from life experiences may not grant a degree but it surely generates respect in the long run. A degree under the belt commands instant respect but cannot be sustained if not backed by knowledge. One would think that anyone who has education is bound to have knowledge. Unfortunately, in the current system of education, it is not always the case. The emphasis is to make students pass. Attainment of a degree which is not necessarily backed by knowledge is almost a trend. There is a scope to acquire a degree by virtually not studying at all or attending any classes. Examination systems at places are a mere eye-wash, where students are granted marks when they do not deserve, where teachers need to become more and more accommodating just to pass the students.

Gurudev's prayers 'where tireless striving stretches its arms towards perfection, where the clear stream of reason has not lost its way' seem to be forgotten and lost. Quick gains and acquisition of degrees is not only false education but also implies that complete reasoning is lost in that individual. The onus of this to not happen lies not only with that individual but also with society and the country at large.

As part of an educational institution which holds its head high in maintaining standards, I am glad that I play a role in ensuring that education in this institution is not without knowledge. I congratulate all the students of this institution who continue to work hard as well as the faculty members who strive extremely hard to ensure that students learn well and consequently perform well too. Our motto 'Prakash tu gyanam' is a symbol of our commitment towards Excellence in Education.



Prof. Shabnam Agarwal, PhD
Director- Education, NGI

FROM THE DESK OF PRINCIPAL



**An investment in knowledge pays
the best interest**

Education is one of the greatest influential features of life. Education and learning allow us to make intelligence in the society where we fit within the world.

Education enables us to grow new ideas and thoughts that someone can apply to appreciate and improve the sphere in and around us.

Education is an instrument that removes all obstacles. Education is a base of all-around development of an individual and society.

Knowledge is like an adhesive that sticks evidence as well as wisdom together. Knowledge plays a crucial role in students' life.

Knowledge is a national economic asset and the basis of national competitive advantage. Consequently, education at all levels and more specifically higher education and its potential to enhance efficiency through research is understood as the global panacea to every economic problem.

Over and above, education is an important component of a nation's human capital which enhances the efficiency of every individual human being and helps economies to speed up the value chain besides manual jobs or simple production processes. Hence, Education is a principal factor for achieving a country's economic growth, employment generation, and ensuring higher earnings. It requires investment for the transformation of knowledge into productive resources for ensuring higher returns.

Education needs institutions for learning, where knowledge is disseminated properly. Here lies the importance of a good institution for quality education that results in a return on investment.

The knowledge economy describes how 'human capital', that is, education and knowledge can jointly serve the purpose of a creative asset or be utilized as a business product and exported to generate profits for the nation.

Therefore, the idea of 'Education and Knowledge' as a theme for this issue of the Sankalp, is very much pertinent today.

Prof. Subir Ghosh
Principal (NIMS)

FROM THE DESK OF THE EDITOR, NIHS



Education is what remains after one has forgotten what one has learned in school
- Albert Einstein

It feels good to bring out the much anticipated annual magazine of Nopany Group of Institutions, Sankalp 2021 volume-16. During this Covid pandemic era, tremendous strides were taken to bring you this edition. This issue presents to you poems, short stories and write ups in English and vernacular to showcase the creative thoughts and expressions by our enthusiastic students and faculty members. To the discerning eye, this magazine may contain some flaws but going by the words of Scott Adams, creativity is allowing yourself to create mistakes. So I appeal to you to accept this magazine with all its strength and weakness.

My gratitude to our Director Education, Dr. Shabnam Agarwal for giving this opportunity for publication of this magazine, my colleagues and students for their contribution towards this magazine, the entire NGI team for being a continuing support throughout the method, from conceptualization of ideas till the last stage of publication.

Happy Reading!

A handwritten signature in black ink, appearing to read "Tanusree Basak".

Dr. Tanusree Basak (PT)
Associate Professor
Academic Co-ordinator (MPT)

FROM THE DESK OF THE EDITOR, NIMS



“
The roots of education are bitter,
but the fruit is sweet
- Aristotle
”

Education gives knowledge, and knowledge gives power. So both are complementary to each other. Without proper and sound knowledge it is not possible to sustain in the long run. To gain knowledge we must educate ourselves. Nopany Institute of Management Studies provides a plethora of opportunities to create a platform of blended learning despite several challenges due to COVID 19.

It gives me immense pleasure to write this message for 'Sankalp 2021', where faculty members, staff and students showcase their talents and pen their valuable thoughts and views. I wish the young budding students of NIMS and NIHS to keep up the spirit of oneness; focus and use the lessons learnt in this institute for a holistic professional career ahead. Not to forget that education is the passport for a bright future, not only for oneself but for society as a whole.

A handwritten signature in black ink, appearing to read 'Saroda Chatterjee'.

Ms. Saroda Chatterjee
Assistant Professor & Coordinator-BBA

FROM THE DESK OF ASSOCIATE EDITOR



असतो मा सद्गमय ।
तमसो मा ज्योतिर्गमय ।
मृत्योर्माऽमृतं गमय ॥
ॐ शान्तिः शान्तिः शान्तिः

**Lead me from the unreal to the real,
Lead me from darkness to light,
Lead me from death to immortality.
Let there be peace for all**

The quest for knowledge is an eternal characteristic of mankind. From the beginning of civilizations till the modern-day, man has travelled based on the knowledge gathered from various avenues. From nature learning to the structured academic institution the pursuit of knowledge has been the sole motivation for the progress of mankind. Knowledge is not a degree in a paper, it is far beyond that. Knowledge is the awakening of one's inner consciousness leading to intellectual wisdom and humility. An Arabic proverb says:

He who knows not, and knows not he knows not, is a fool; shun him.
He who knows not, and knows he knows not, is simple; teach him.
He who knows, and knows not he knows, is asleep; awaken him.
He who knows, and knows he knows, is wise; follow him.

May we all be blessed with the quest for knowledge and learning because the ocean of education has so much to give that even a period of a lifetime is not enough to have a bit of it. May we be able to arise our conscious self with the light of learning.

Parmita Dhar

**Ms Parmita Dhar
Assistant Professor, BBA
Associate Editor**

STUDENT EDITOR'S VOICE (NIHS)



Dear Readers

It's a matter of pleasure and pride to be a part of Sankalp-2021, the college magazine of Nopany Group of Institutions. Our prestigious college magazine was conceived and started to showcase the amazing talent and knowledge of the students and faculty members. It reflects unleashing energy of young minds, enabling them to highlight their potential.

Our college believes in imparting the kind of education which ensures that the students of our college become the ideal professionals of tomorrow. I have always believed that the objective of education must focus around developing the overall abilities of the student, which is certainly provided by our college. Our college always tries to hone the unique inherent skills of each child besides striking the balance by training all, following the uniform curriculum.

Even during the covid times, our college left no stone unturned to provide us with an ideal academic approach by going online and I hope that very soon we will see good times again and the human race will bounce back with new strength and vigour alike in the past.

Thank You

Ibtasham Nasir

Ibtasham Nasir
4th year BPT Student
Student Editor (NIHS)

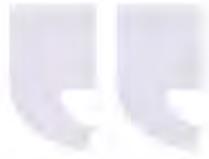


STUDENT EDITOR'S VOICE (NIMS)



Saptarnab Paul

Saptarnab Paul
(BBA 5th Semester)



Dear Readers

We are proud to present to you SANKALP-2021 within which we have enclosed our creative spirit, achievements and success. This poignant period in our lives has been forever marked with circumstances that brought the world to a standstill. Yet we persevere on with hope, joy and gratitude. SANKALP is a testament to our passion, team spirit and hard work.

We extend our heartfelt gratitude to our Director Madam, Principal Sir, Administrative Coordinator Sir and HOD Madam for their unwavering support and guidance.

The task of presenting this magazine has been an honourable and enriching experience with the support of our Editorial Committee members of SANKALP-2021 mark the various events and awards that have brought honour to our institute. We are grateful for the efforts put in by our college NIMS.



Sahil Agarwal

Sahil Agarwal
(BBA 3rd Semester)



INTERNAL QUALITY ASSURANCE CELL (IQAC) 2021

Nopany Institute of Healthcare Studies

Sl no	Name of Committee	Committee Members	Student Members
1	College Curriculum Committee	Conveners- Prof. Gargi Ray Chaudhuri Dr. Tanusree Basak (PT) Chairperson- Prof. Shabnam Agarwal Members- Dr. Anwesh Pradhan (PT) Dr. Tapas Kr Pal (PT)	Alumni- Dr. Sutanu Ghoshal (PT) Dr. Ridhima Daga (PT) Students- Dr. Rohit Banerjee (PT) Mr. Arka Ghosh
2	Examination Committee	Convener- Dr. Tanusree Basak (PT) Chairperson- Prof. Shabnam Agarwal Members- Prof. Gargi Ray Chaudhuri Dr. Anwesh Pradhan (PT)	NA
3	College Academic Journal and Research Expert Committee	Convener- Dr. Anwesh Pradhan (PT) Chairperson- Prof. Shabnam Agarwal Members- Prof. Gargi Ray Chaudhuri Dr. Tanusree Basak (PT)	Students- Dr. Rohit Banerjee (PT) Dr. Mansi Shukla (PT)
4	Library Committee	Convener- Prof. Gargi Ray Chaudhuri Chairperson- Prof. Shabnam Agarwal Members- Mr. Anupam Das Dr. Tanusree Basak (PT) Dr. Tapas Kr Pal (PT) Mr. Dibakar Dutta	Students- Mr. Swarup Ghosh Dr. Mansi Shukla (PT)
5	Anti-ragging Committee	Chairperson and Convener- Prof. Shabnam Agarwal Members- Mr. Anupam Das Prof. Gargi Ray Chaudhuri Dr. Tanusree Basak (PT) Ms. Tanurima Basak Mr. Dibakar Dutta Mr. Joheb Chowdhury Mr. Sashi Gurung	Students- Dr. Mansi Shukla (PT) Ms. Tuhina Shee Mr. Biswas Ranjan Mr. Bodhisatta Khatua
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9	Internal complaints committee	Convener- Dr. Tanusree Basak (PT) Chairperson- Prof. Shabnam Agarwal Members- Prof. Gargi Ray Chaudhuri	NA



(L to R) Dr. Tanusree Basak, Dr. Shabnam Agarwal, Dr. Gargi Ray Chaudhuri,
Dr. Anwesh Pradhan, Dr. Tapas Kumar Pal



(L to R) Mr. Joheb Chowdhury, Mr. Indranil Pramanik, Mr. Anupam Das, Dr. Shabnam Agarwal,
Dr. Subir Ghosh, Mr. Dibakar Dutta.

INTERNAL QUALITY ASSURANCE CELL (IQAC) 2021

Nopany Institute of Management Studies

Sl no	Name of Committee	Committee Members	Student Members
1	College Curriculum Committee	<p style="text-align: center;">Conveners- Ms. Saroda Chatterjee Ms. Anwasha Nag Ms. Kaveri Banerjee Chairperson- Prof. Shabnam Agarwal Members- Prof. Subir Ghosh Mr. MahendraSrivastava Mr. Joheb Chowdhury</p>	<p style="text-align: center;">Alumni- Mr. Tanmoy Biswas (BBA) Ms. Bhumika Das (BCA) Ms. Kanika Bhattacharya (BHM) Students- Mr. Subham Mukherjee (BBA) Mr. Subham Ghatak (BBA) Mr. Yash Bhuwania (BBA) Mr. Sahil Kumar Singh (BCA) Ms. Reekparna Sen (BCA) Ms. Nandini Das (BCA) Ms. Namrata Basak (BHM) Ms. Rajeswari Dubey (BHM) Ms. Enakhsi Mech (BHM)</p>
2	Examination Committee	<p style="text-align: center;">Convener- Ms. Saroda Chatterjee Chairperson- Prof. Shabnam Agarwal Members- Prof. Subir Ghosh Ms. Anamika De Amin</p>	NA
3	College Academic Journal and Research Expert Committee	<p style="text-align: center;">Chairperson and Convener - Prof. Shabnam Agarwal Members- Prof. Subir Ghosh Ms. Anwasha Nag Mr. Mahendra Srivastava Mr. Anirban Ghosh</p>	<p style="text-align: center;">Students- Ms. Dhriti Pramanik (BBA) Ms. Nandini Das (BCA) Mr. Debojyoti Banerjee (BHM)</p>
4	Library Committee	<p style="text-align: center;">Convener- Mr. Dibakar Dutta Chairperson- Prof. Shabnam Agarwal Members- Prof. Subir Ghosh Ms. Saroda Chatterjee Mr. Anirban Ghosh</p>	<p style="text-align: center;">Students- Ms. Nandini Das (BCA) Ms. Saheli Ghosh (BBA) Ms. Eram Fatima (BHM)</p>
5	Anti-ragging Committee	<p style="text-align: center;">Chairperson and Convener - Prof. Shabnam Agarwal Members- Mr. Anupam Das Prof. Subir Ghosh Ms. Saroda Chatterjee Ms. Anwasha Nag Ms. Kaveri Banerjee</p>	<p style="text-align: center;">Students- Mr. Shubham Ghatak (BBA) Mr. Arindam Maiti (BBA) Ms. Nisha Singh (BBA) Mr. Rohit Kumar Pandey (BCA) Ms. Nandini Das (BCA) Mr. Debojyoti Banerjee (BHM) Mr. Subhabrata Bhattacharya(BHM) Ms. Niha Modak (BHM)</p>
6	Extra-Curricular Committee	<p style="text-align: center;">Convener- Mr. Joheb Chowdhury Chairperson- Prof. Shabnam Agarwal Members- Ms. Saroda Chatterjee Ms. Anwasha Nag Ms. Kaveri Banerjee Mr. Dibakar Dutta Ms. Anamika De Amin</p>	<p style="text-align: center;">Students- Ms. Sreya Dey (BCA) Mr. Rohit Kumar Pandey (BCA) Mr. Amogh Pal (BCA) Mr. Yash Bhuwania (BBA) Ms. Lucky Biswas (BBA) Ms. Barnavo Mitra (BHM 3rd)</p>

INTERNAL QUALITY ASSURANCE CELL (IQAC) 2021

Nopany Institute of Management Studies

Sl no	Name of Committee	Committee Members	Student Members
7	Information Technology Committee	Convener- Ms. Kaveri Banerjee Chairperson Prof. Shabnam Agarwal Members- Mr. Anupam Das Mr. Joheb Chowdhury	Students- Mr. Mayank Jain (BCA) Ms. Akriti Kumari (BCA) Ms. Nandini Das (BCA)
8	Career Counselling Cell	Convener- Ms. Madhuparna Majumder Chairperson Prof. Shabnam Agarwal Members- Prof. Subir Ghosh Mr. Anupam Das Ms. Saroda Chatterjee Ms. Anwesha Nag Ms. Kaveri Banerjee Ms. Anamika De Amin	Students- Ms. Nawmita Sharma (BBA) Mr. Abhinav Baid (BBA) Ms. Bhamika Das (BCA) Ms. Upasana Lahiri (BHM)
9	Entrepreneurship Cell	Convener- Mr. Joheb Chowdhury Chairperson Prof. Shabnam Agarwal Members- Prof. Subir Ghosh Mr. Anupam Das Ms. Saroda Chatterjee Ms. Anwesha Nag Ms. Kaveri Banerjee Ms. Anamika De Amin	Students- Mr. Sahil Agarwal (BBA) Mr. Akash Mukherjee (BBA) Mr. Rohit Chakraborty (BCA) Mr. Kishan Gupta (BHM) Mr. Avinash Singh (BHM)
10	Internal complaints committee	Convener- Ms. Anwesha Nag Chairperson- Prof. Shabnam Agarwal Members- Ms. Saroda Chatterjee Ms. Kaveri Banerjee	NA



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Hard Facts about Soft Skills

The World Economic Forum 'Future of Jobs report' suggested that by 2025, complex problem-solving, critical thinking, creativity, people management and emotional intelligence would be among the most important skills required in the workplace. In 2017, Deloitte also reported that "soft skill-intensive occupations will account for two-thirds of all jobs by 2030" and that hiring employees with more soft skills could increase revenue by more than \$90,000.

Ironically the significance of soft skills is often not acknowledged and mostly remains undervalued in the professional sector. As a result, there is far less training provided for soft skills compared to hard skills such as software knowledge. Organizations, somehow expect people to know how to behave on the job, and in the process, the gravity of the domain is diluted. The other misconception regarding soft skills is mixing it up with communication skills. Communication skills is one of the various important elements of soft skills.

Soft skills are important aspects of one's personality. It needs to be developed constantly and altered in keeping with the requirement. As soft skills are not a part of traditional learning, it might be a gradual process to develop them, but it is one of the core elements of one's overall personality that aids personal and professional growth.

When selecting between two apparently equal candidates, organizations are now prioritizing "soft skills" as the key differentiator. In fact, in LinkedIn's Global Talent Trends report, 92% of talent acquisition professionals reported that soft skills are equally or more important to hire for than hard skills. 89% opined that when a new hire doesn't work out, it's because they lack critical soft skills.

Now the question comes what all are included in soft skills. To list a few, soft skills include:

- Attitude
- Communication (both verbal & nonverbal)
- Work ethic
- Teamwork
- Leadership qualities
- Time management
- Decision making
- Conflict resolution
- Critical thinking
- Networking
- Empathy
- Problem-solving
- Anger management

The job market is opening up for candidates who have the right blend of hard and soft skills. Even in the most technical career areas like information technology and healthcare, more than a quarter of all skill requirements are for behavioural or soft skills. The setup of modern workspace has gone through a sea change. The pandemic has made the competition fiercer. In order to survive in such a situation empathy, networking skills, a problem-solving approach and the ability to rational communication are primary necessities. The success of a workplace is determined by the cumulative efforts of its employees which can be secured only through a holistic attitude. And here comes the need and significance of soft skills.

Gone are the days when one can turn a blind eye to the importance of soft skills. Soft skills in the workplace will allow effective and efficient utilization of technological know-how. Today's professional world is about 'thinking out of the box', being assertive in communication and presentation. To acquire such skills, one has to ignite the spark of soft skills and experience an illuminating process of persistence and growth.

Ms Parmita Dhar
Assistant Professor, BBA
Associate Editor



COVID-19 AND PREGNANCY AN OVERVIEW

The outbreak of COVID-19 has put the public health sector and medical infrastructure in a state of urgency to provide care to the patients as well as to adapt to fast evolving treatment regime¹. Due to the shortage of extensive clinical data it is not feasible to produce concrete information about the symptoms and clinical manifestations of CoV-2. However, it is quite evident that the viral infection leads to the path of exaggerated immune reaction in an infected individual. This leads to 'cytokine storm' causing massive tissue damage. Interleukin-6 (IL-6) is one of major cytokines contributing significantly to elicit an uncontrolled immune response in COVID-19 patients.

Following the close observation of COVID-19 cases during the treatment which are fully set up is mandatory to ensure and report the proper information on the status of pregnancy with the inclusion of maternal and foetus outcome. In a case control study, between pregnant and non-pregnant women with SARS CoV, it has been reported that the pregnant women did not show any unusual clinical symptoms². Ramifications and unpropitious situations including the staying duration in hospital, kidney failure, septicaemia and disseminated intravascular coagulopathy (DIC) in conceived women were statistically and considerably expanded^{3, 4}. Need of ventilation had increased death rate among the pregnant women as compared with non-pregnant women has been reported². Moreover, some studies also reported the same that, the pregnant women were observed more frequently with ventilation and haemodialysis as treatment tool because of renal failure, and positive cerebrospinal fluid for SARS-CoV⁵.

According to Wrong SF et al., placental pathological examination among seven infected pregnant women inferred that two of them who were recovering from SARS-CoV during the early gestational period, the placentas were found to be normal. Besides that, elaboration of expanded sub-chorionic and intervillous fibrin were reported in three women may be due to impaired maternal to placental blood flow⁶.

Few clinical observations were suggested by Chen et al.⁷, about few pregnant women whose symptoms had somewhat similarities with non-pregnant adult women also in some aspect. Out of nine pregnant women, subsequent overall observations are being followed: (a) high temperature in seven of them, (b) respiratory distress in four, (c) three of them were suffering from myalgia, (d) pain or irritation in the throat with some sorts of discomfort in each of the two women, (e) reduced lymphocyte count or lymphocytopenia was observed among five of them, (f) each of them had pneumonia but no death reports were confirmed.

Furthermore, due to COVID-19 infection, 22.22% of nine affected patients were observed with fetal distress and separately 22.22% of nine affected patients were again found with premature rupture of fetoplacental membrane although all nine patients were staying alive without developing the severe COVID-19 pneumonia.

The COVID-19 outbreak is really a crucial time for each human being, but it is a more challenging time for the conceived women who need special care and close observations. A maximum level of equipment and facilities are recommended which must incorporate a close observation and prior detection of an emergency and proper monitoring of the worst clinical conditions, for example premature delivery or still birth is most important whereas complications like respiratory abnormality or irregular heartbeats are quite evident. Sometimes artificial ventilation or Extracorporeal membrane oxygenation can be the only way out during crucial period.

The patient should be isolated in an isolation room to prevent from the cross contamination from one room to the other rooms. This isolation room includes a ventilation system that releases a 'negative pressure' (a pressure lower than the surrounding pressure). The patient should be kept inside the isolation room till proper recovery.

The studies flashed by Chen et al⁷ and Zhu et al⁸, out of 18 women (19 neonates) were contaminated during the gestational period (probably 3rd trimester) with SARS-CoV-2, but no laboratory detection of contamination documented from mother to baby during the period immediately before or after the birth. Trial of amniotic fluid, blood from umbilical cord and samples from infant's throat became negative for SARS-CoV-2, analysed on 6 patients confirmed by the study of Chen et al⁷, Zhu et al⁸, suggested that other than the intrauterine transmission, other possibilities could be there after analysing the complications based on the following symptoms: (a) abnormally breathing in six of them, (b) dyspnoea or cyanosis among three of them, (c) intestinal bleeding in two of them (d) death of one among them due to multi-organ failure. However, throat swab testing of all infants was found to be negative for SARS-CoV-2. So, it is not clear that whether SARS-CoV-2 is communicated from mother to baby or not. It might be inferred that due to high levels of ACE2 expression in placental cells, these cells are highly susceptible in SARSCoV-2 infection. The possible route of transmission from mother fetus is the mother-fetus interface which is known as syncytiotrophoblast which is the ectoenvelope of the placental villi creating the straight way to the maternal blood flow^{9, 10}. So, it is still unknown that, whether from mother to fetus transmission of this deadly COVID-19 infection occurs.

The transmission of SARS-CoV-2 through mother's breastmilk is not been confirmed yet from a mother who has already recovered from COVID-19; although, on the same perspective, another study was conducted by collecting the breastmilk specimen from a mother with her recovery period of 130 days after the manifestation of infestation, which showed the presence of antibody against SARS-CoV in that breastmilk⁵.

At present, data are limited pertaining to the impact of COVID-19 upon the pregnant women based on which pregnancy-specific care can be recommended. However, experiences gained from previous pandemics owing to SARS, MERS, and other respiratory infections, risks associated with pregnant COVID-19 patients can be presumed. It is essential to include the records of COVID-19 mediated changes (if any) on gestation and/or the maternal and fetal outcomes, in the recorded database of COVID-19. As the pandemic COVID-19 reaches every 'nook and corner' of the communities across the globe, it is necessary to be more attentive for prevention of further spreading by providing some rapid implementations of management measures for outbreak control. Standard rigorous team-based actions are to be taken to care, manage as well as to improve any case of acute respiratory tract infection to any pregnant woman infected with COVID-19.

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Prof. Gargi Ray Chaudhuri
Academic Co-ordinator (BPT)



TOO MUCH TIME

Susmit Roy
BPT- 1st Year

You'll never know about that-
That the world isn't round.
You gotta hold on to your life,
'Cause your life is only
A waste of time'.

So, hold on to your life,
'Cause your life is only a waste of time'.
A waste of time.

Oh, I'm running late and I'm trying so hard,
Not enough time.
Oh, I'm running late and I'm trying so hard,
No much time.
I'll be running late,
It's just a matter of time.



THE DAYS FLEW BY

Sujay Roy
BPT- 3rd Year

Somewhere between 10 toffees for 1 Rupee
to 1 toffee for 10 Rupees, we grew up.

Somewhere between 5 minutes more...
to pressing the snooze button, we grew up.

Somewhere between borrowing the class notes
to WhatsApp me the notes, we grew up.

Somewhere between come to ground
to come online, we grew up.

Somewhere between playing Cricket and remaining outdoors for hours
to playing PUBG and sticking to sofa for hours, we grew up.

Somewhere between expressing different emotions
to sharing different memes, we grew up.

Somewhere between changing to our favorite radio frequency
to be confused between Saavn, Gaana, Spotify, we grew up.

Somewhere between writing the day's experiences in our personal diary
to uploading Instagram stories and WhatsApp status, we grew up.

Somewhere between 500 MB internet per month
to 2 GB per day, we grew up.

Somewhere between mimicking our favorite actors
to uploading Insta Reels, we grew up.

Somewhere between selecting the perfect greetings card
to sending best wishes on WhatsApp, we grew up.

Somewhere between pasting pictures in the Photo Album
to posting MEMORIES on Facebook, we grew up.

Somewhere between whether to go left or right
to swiping left and right on Google Maps, we grew up.

Somewhere between there's no taxi nearby
to there's no cab nearby on Uber, we grew up.

Somewhere between being sad
to removing the WhatsApp DP, we grew up.

Somewhere between being afraid of our parents
to praying for our parents, we grew up.

Somewhere between I want to grow up
to I want to be a Child Again,
WE FINALLY GREW UP!

And as we grew up, we realized-
how silently our life has changed over the years
and while reading the above lines
yet another minute of our life just passed so quietly.



THE MASK OF PRETENTION

Nazia Fatma
BPT- 4th year

I haven't been myself in the past years.
There is a mask I wear that perfectly fits my skin.
At first, I thought I will just pretend.
The mask didn't use to fit well back then.
Sometimes I use to feel I cannot do it.
The mask of pretention is heavy.
The mask of pretention doesn't fit.
I used to put the mask aside.
But then I couldn't fit in with the world I feared.
I started to wear the mask.
Hiding the reality I feel all the time
Pretending to small with jokes I don't get
Opinions on matters that a trivial like the colour of a hat
Will someone listen to my thought?
About the universe and the clouds
Should I just pretend and talk about the things that don't affect the World or myself?
I haven't been myself in the past years
Now the mask fits my skin perfectly.
It feels like I am not pretending anymore.
I have become the person I always feared.



WELCOME TO THE SOCIETY

Zoofishan Gulzar
BPT- 3rd Year

We hope you enjoy your stay,
And please feel free to be yourself, as long as it's in the right way.

Make sure you love your body, not too much or we'll tear you down,
We'll bully you for smiling, and then wonder why you frown.

We'll tell you that you're worthless, that you shouldn't make a sound,
and then cry with all the others, as you're buried in the ground.

You can fall in love with anyone, as long as it's who we choose,
and we'll let you have your opinions, but please shape them to our views.

Welcome to society!! We promise that we won't deceive,
and one more rule now that you're here, there's no way you can leave.



A BATTLE FOUGHT ALL ALONE

Diksha Palit
BPT- 4th year

November 18th, 2020 was the happiest day of my life, as my uncle Manoj came all the way from Zurich to visit all of us. I still remember that beautiful winter morning. He reached DAS BARI and hugged all of us. It felt like a dream come true, as we all met him after a year. Das Bari was overwhelmed with joy. As always, my uncle, too, had bought gifts & souvenirs for all of us from Zurich and his recent trip to Italy. I still remember the day he arrived, we all had breakfast together. My mother had made my uncle's favourite breakfast Chole Bhature and he was so happy. Uncle Manoj looked tired after his 14 hours long journey all the way from Zurich to Kolkata. We all saw his tired face and asked him to take a rest.

After a couple of hours of rest, uncle Manoj woke up & came downstairs. I greeted him with Subho Sandhya and he was delighted to hear this. He asked me in bengali, 'Maa, Open the gifts that I have bought for you'. I was surprised to see French press coffee maker and Italy's Bialetti mocha pot. I asked him 'Mammai, Can you teach me how to make the French and Italian Espresso?'. He replied, 'Yes! Sure Maa'. I called my younger sibling Diya as well. Diya and I learned, how to make the French press coffee and Italian espresso. While sipping the refreshing coffee, we all decided to go outside somewhere nearby. We were so happy and excited to go outside with our uncle Manoj. We all started to get ready. After we all got ready, we were waiting for our uncle to come downstairs. My grandma became impatient and went upstairs to look whether my uncle was ready or not and that's when she noticed my uncle had a big scar on his abdomen. It looked as if he had undergone some surgical interventions. As soon as my grandma saw the scar, she screamed. 'What happened to you Babu?' and started crying loudly. My mother heard her scream and she rushed upstairs. My mother too got frightened and asked, 'What has happened?'. My uncle tried to escape that situation but couldn't hide it anymore. Diya and I were waiting for them to come downstairs but we too became anxious and said to one another, 'Is everything okay upstairs?'. Diya asked me to have some patience and told me, 'Let me go upstairs & check'.

Diya went upstairs and could hear some depressing conversations going between mom and uncle. My uncle was describing, his big midline incision scar on his abdomen. Diya heard; He was suffering from Colon Cancer. Uncle Manoj didn't know that this cancer was growing silently since 2009. He was earlier diagnosed with Fatty Liver. For nine years, he underwent treatment for fatty liver and thought he was recovering but suddenly in the year 2019 end, he had terrible stomach pain and couldn't defecate for 1 week and that is when he

thought this is a serious issue that shouldn't be neglected. He was immediately rushed to the hospital and underwent various medical tests. After 2-3 days of evaluation and examination, he was diagnosed with STAGE-III Colon Cancer. The consulting doctor told him that he has 5 years of life span left.

After hearing this, my mother and grandma kept on crying. Diya got to know about his sufferings and she too was in tears. My uncle asked everyone to not let me know about this as they thought that this will make me depressed, as I was very much attached to my uncle. For a few days, I was not knowing about my uncle suffering from Colon Cancer. But I could understand that something has happened because of which everyone was sad and quiet. Seeing everyone in my family sad, I asked everyone what has happened and why is everyone sad? My Father took the initiative and told the entire family my uncle's entire medical and surgical history. I was shocked to hear this and I knew from within that 'Miracles do happen'. And I told everyone, Uncle Manoj will win this battle and asked everyone, 'Never Lose Hope'. We all had a great vacation with our uncle Manoj and this time he stayed in India for about a month.

Uncle Manoj had to go back because of his work commitments and he had promised us he will be back soon after his chemotherapy gets over. We heard he was recovering well, he was doing all his household chores all by himself and he would walk every day about 7 kms, which was so motivating and inspiring.

Though we weren't there physically with our uncle Manoj in his crucial time we always cheered him up for his brave spirit. He had some amazing friends, doctors, and nurses who taught everyone a beautiful lesson 'A friend in need is a friend indeed'.

Everything was going well but my uncle's health condition started deteriorating before his second last chemotherapy. In a week he had lost a lot of weight, he became weak and his friends rushed him to the hospital. At the hospital, doctors found out that his cancer was spreading faster and it had reached his stomach and chest cavity. It is then when we were informed by the doctors and his friends that he was unwell. After getting to know we immediately started communicating with the Consulate General of Switzerland for visa. Before we could get the visa, Almighty God had some other plans. God saw a tired face, who was battling all alone yet smiling, still fighting to live, to breathe. My uncle had a hope that he would write a book about his journey with colon cancer after his chemotherapy got over. I had asked him to write that. I think I had asked too much from Almighty God.

Almighty God couldn't see my uncle's suffering so much so he decided to take him to a place where there is absolute peace. My uncle departed for his heavenly abode on 30th July 2021. It's been 4 months since he has left all of us. We are shattered. Uncle Manoj now exists in our memories. We remember him as a man who never had expectations from anyone, a man who helped the needy without even giving a thought, 'Does this person need help? a man who never had grudges against anyone. Uncle Manoj loved all his near & dear ones unconditionally. He firmly believed in one motto which he kept telling us 'One's path may vary but the goal remains still'.

It broke our hearts to lose someone who never really grew old, whose smile was made of sunshine, and whose heart was so pure. But we all know uncle Manoj you never went alone, for a part of us went with you, the day God took you home.



FAILURE

Pijusha Sarkar
BPT- 2nd Year

FAILURE, a stepping stone to success.

Just as the light is followed by darkness, failure and success are followed by another. Failure is also said to be the highway to success and history is great evidence of the famous people who have succeeded in life after many failures. Let me share a famous life history with you, which shows that every success story is also a story of great failure. There was a man who failed in business at the age of 21; was defeated in the legislative race at the age of 22; failed again in business at the age of 24; had lost his sweetheart when he was 26; had a nervous breakdown at the age of 27; lost a congressional race at the age of 34; lost a senatorial race at the age of 45; failed in an effort to be Vice-President at the age of 49, and was President of the United States of America at the age of 52! This man was Abraham Lincoln. Would you call Lincoln failure!

He could have quit, hung his head in shame and, gone back to his law practice but to Lincoln defeat was a detour, not a dead end. Success and glory never merit the lazy. In the wake of failure, think in a positive way and have faith in yourself and success will be yours. In short, failure is not everlasting, so keep trying. Soon success will be there at your doorsteps and have a shining future ahead. A word of advice when you are depressed, eat a banana – it contains a type of protein that the body converts into serotonin, known to make you relax, improve your mood, and generally make you happier.



MAMMA EARTH

Ibtasham Nasir
BPT- 4th Year

As I complete the 24th cycle around the mighty sun
I reflect;
On what it really means
To be human;
But to get here, I had to first
Reach deep, deep within my soul somewhere,
I had to give myself permission
To be fully human;
To embrace this rubbery flesh,
Guided by a group of highly-connected master-cells,
For long, I have carried the shame of being human,
(And for good reason, have ya'll seen us lately!)
But what this shame cannot
And should not do is
Shroud the marvel that is also being human.
Our bodies and souls were nurtured here:
The universe's darling planet,
A tiny celestial rock was granted life: Mamma Earth.
This life, not going to lie,
Can feel like a blessing as well as a curse.
The eternal balance would be such that
Actions and consequences (aka karma?)
Flowed in and out of one another,
Making it simpler for life to grow in its environment.
Life acts,
Environment (human and non-human) reacts,
And depending on the action,
Life is either blessed or cursed by the environment.
But what happens when the consequences can NEVER find
A way back to Life that caused the action,
And instead, innocent Lives are lost.
This karmic debt bears me down

(As it should, as is natural)
But we shall not succumb to it.
We shall (and must) rise above it,
To tip the scales back in the right direction,
To bring ourselves to a human trial
Before the sky (invariably) falls down on us
To take us back home.
Before the children are swept up by water,
There must be justice,
So that we may finally,
Finally have some sweet peace.
To my pessimistic boos,
Who know that the apocalypse is already well-underway?
And feel like there is no point in even trying:
My dear ladies and gentle folks,
If we must live through an apocalypse,
Wouldn't you rather,
(In fact, now, more than ever)
We live in harmony,
As the family
That we have always been,
Instead of spiraling into chaos and confusion.
It's true that we may never escape Nature's judgment
But what can do is
Try ourselves,
Re-work our actions, and
Intend to bring balance back to Life
Before it inevitably and beautifully ends.



GENE EDITING: POSSIBLE??

Saheli Roy
BPT- 4th Year

Ever heard of the editing of genes? No right? But our scientists made it possible for us by introducing the CRISPR- Clustered Regularly Interspaced Short Palindromic Repeats, a technology that can be used to edit genes and, as such, will likely change the world. This technique was developed by two scientists Jennifer Doudna and Emmanuelle Charpentier and they were awarded with the 2020 Nobel Prize in Chemistry. CRISPR-Cas9 protein was adapted from a naturally occurring genome editing system in bacteria. When the CRISPR Cas9 protein is added to a cell along with a piece of guide RNA, the Cas9 protein hooks up with the guide RNA and then moves along the strands of DNA until it finds and binds to a 20-DNA-letter long sequence that matches part of the guide RNA sequence. That's impressive, given that the DNA packed into each of our cells has six billion letters and is two meters long. The standard Cas9 protein cuts the DNA at the target. When the cut is repaired, mutations are introduced that usually disable a gene. This is by far the most common use of CRISPR. It's called genome editing or gene editing.

However, CRISPR has also been adapted to do other things too, such as turning genes on or off without altering their sequence.

It is already in use for scientific research, and in the not too distant future, many of the plants and animals in our farms, gardens or homes may have been altered with CRISPR. Some of us are already eating CRISPR food. Technology also has the potential to transform medicine, enabling us to not only treat but also prevent many diseases. CRISPR can also be used to make precise changes such as replacing faulty genes – true genome editing – but this is far more difficult.



दादी मां

Richa Agarwal
4th Year BPT Student

बचपन में दादी कहानियां सुनाया करती थी,
कहानियों में जीवन सखाया करती थी |

मैं नए कपड़े पहन कर उन्हें दिखाती
तो खूब सोनीं लगरी है कह के मुस्कराया करती थी |

परेशान तो करते थे हम उन्हें फरि भी
मम्मा की मार, और पापा की दांत से बचाया करती थी |

होली पे मीठी पुरी, दवाली पे खीर,
और उनके वर्ल्ड फेमस पैंडे सबके लिए बनाया करती थी |

संगरशो में खुशी ढुंढना,
और खुशियों में भी सादगी का साथ न छोड़ना सखाया करती थी |

सौभाग्य था मेरा की उनका आंचल मला,
डांट तो जरूर मली पर उससे ज्यादा प्यार मला ।

युं तो छोड़ गई वो आज हमें
पर लाठें वो खूब हमारे लढाया करती थी |

तजूरबा था जदिगीभर का उन्हें
बड़े प्यार से जदिगी के हर पाठ पढाया करती थी |



लॉकडाउन

Nazia Fatma
4th Year BPT Students

कुछ बीस तीस दिवस से घर मे बंद हूं मै
फिर भी अलंकारों से अनभिज्ञ, मुक्त छंद हूं मै

लोग संघर्ष से लौट रहे थे घरों को अपने
मैं व्यर्थ ही बुनती रही लॉकडाउन समाप्ति के सपने

किसी आधार पर स्वयं को गुमसुम निहत्था यौधा कहलवाउ
शून्य की पारसार है , फिर भी सौ जब मैं पाऊं

इधर भोज है, उधर पुस्तकें, वंचित तो हूं नहीं
फिर भी लादकर शिकायतों का बकसा , बैठी हूं कहीं

हां, तनिक संशय बन जाता है कभी व्याकुलता का कारण
पर माला उत्तरदायित्व की तो, हर मनुष्य करता है धारण

सहस्त्र चिताएँ रही तो सहस्त्र पल भी रहे प्रसन्नता में लीन

कहां कुछ प्राप्त होता व्यर्थ विचारों की बीन
स्वतंत्र होता तन पर मन रहता फिर भी अधिन।



||কলেজের দিনগুলি||

Bidisha Paul
4th year BPT student

চার বছর আগে প্রথম যেদিন এই জায়গাটায় পা রেখেছিলাম, সত্যি বলতে কি, ইঁট-কাঠ-পাথরের তৈরি একটা বাড়ি বলে মনে হয়েছিল মাত্র। দুটো বছর এখানে কি করে কাটা বো ভেবে ভয়ই পেয়েছিলাম..

এই বাড়িটাই আজ আমাদের কাছে 'আস্তানা'। 'বাড়ি' থেকে কবে যেন একটু একটু করে 'ঘর' হয়ে উঠেছে খেয়াল করিনি। আগলে রেখেছে, আশ্রয় দিয়েছে। এই ঘরটার প্রতিটা ইঁট-কাঠ-দেওয়ালে কিরকম একটা ভালোবাসার গন্ধ মাখানো আছে। ঘরটা জুড়ে আরো কত স্মৃতি এলোমেলো ছড়িয়ে ছিটিয়ে আছে এদিক ওদিক। জানলার ভাঙা কাঁচ-মরচে ধরা গ্রিল দিয়ে বৃষ্টির ছাঁট এসে ধুয়ে দিয়ে গেছে কত অভিমান - মনখারাপ।

কত ঝগড়া -হাসি-খুনসুটি- আনন্দ-দুঃখ-প্রেম-বিশ্বাস ভাঙ্গার যন্ত্রণা মিলে মিশে একাকার হয়ে গেছে সিঁড়ি তে করিডোরের আনাচেকানাচে। বেঞ্চে লেখা কত নাম আবঝা হয়ে এসেছে ধুলো পড়ে, কত স্ক্রিপ্ট -গান- রিহাসাল -গিটারের তার-আর কবিতা, রুপ করে নেমে আসা বিকেলের মত ফুরিয়ে গেছে অন্ধকারে।

তবু অন্ধকারেও কিছু হাত ছেড়ে যায়নি, কিছু কাঁধ সরে যায়নি, কিছু মুখ হারিয়ে যায়নি। এটাই প্রাপ্তি, এটাই পাওয়া।

আর এই পাওয়াগুলোর জন্যই বোধহয় শেষ টা এত সুন্দর লাগে। ভালো লাগে, মন কেমন করা ভালো।

চার বছরের অনেক পালটে যাওয়া সময়, বদলে যাওয়া মুখ, আর চেনা সমীকরণের না মেলা হিসেবের নির্বাক সাক্ষী। এখানেই আমাদের খুঁজে পাওয়া -অন্য রকম বাঁচার রসদ।

খুব কাছে একজন বলেছিল - "দিন ফুরোলেও স্মৃতি থাকেই.."

আসলে ঘর থেকে কখনও চলে যাওয়া যায় না। আমরা বাড়ি 'যাই', কিন্তু ঘরে 'ফিরি'।

শিকড় ফেলে চলে যেতে হলেও দিনের শেষে আমরা ঘরে ফেরার গান গাই, সবাই।



কে আমি?

Farhin Sehanaz

1st Year BPT Student

জীবনে চলার পথে হঠাৎ ধেয়ে আসে ঝড়,
সে মেতে ওঠে ধ্বংসলীলায়।
বিভীষিকাময় করে তোলে আমার প্রত্যেকটা দিন,
সমস্ত পথ করে কন্টকাকীর্ণ।
আমার ক্ষুদ্র অস্তিত্ব তখন আছড়ে পড়ে বার বার,
পরাজয় হাতছানি দেয়।
বড্ড অসহায় মনে হয় তখন ,দুঃসহ মন বলে উঠে
এ বিপত্তির সাথে যুবাব কেমনে?
আমার কি আছে সে ক্ষমতা ; কে আমি?
সহসা হঠাৎ কে যেন বলে যায় , তুমি সেই মানবী,
যে একদিন জয় করেছিলে সর্বোচ্চ শৃঙ্গ,
সেই কন্যে তুমি, যে একরাতে পার করেছিলে মহাসমুদ্র ;
তুমি সেই দশভূজা,যে একনিষ্ঠ ভাবে সামলেছিলে গৃহকোন,
তুমি সেই দ্রৌপদী, তুমি সীতা, তুমিই তো সেই চিত্রাঙ্গদা,
প্রাচীনকালের মহীয়সী তুমি , তুমিই লোপা, তুমিই খনা ;
কখনও জননী, কখনও ভগিনী, কখনও ভার্যা রূপে
আদিকাল ধরে রক্ষা করেছ এই ভুবনবাসীকে।
তখনই মনোবলে পরিপূর্ণ হয়ে হুংকার দিয়ে উঠি
আসুক সহস্র প্রলয় , বাঁধ ভাঙ্গুক বাধার
নির্ভয়ে লড়ব আমি, কারণ আমি লড়তে জানি।
আমিই নির্ভয়া

বাঁশিওয়ালা

Papai Bagchi

1st Year BPT Student



মাঝে মাঝে এক বাঁশি বাজত দূরে দূরে,
কখনো কখনো তার সুর গুলো কাছেও আসতো;
খুব কাছেও চলে আসত হঠাৎ অজান্তে।
কানের কাছে সুর গুলোর ঘূর্ণিপাক! তারপর
চিবুক ছুঁয়ে, বুক বরাবর এসে, ছড়িয়ে যাওয়া
কাঁধে, হাতে, হাতের তালুতে, পরপর চলে গিয়ে,
শান্তিতে ঘুমিয়ে পরা। এসবই হত।
পরে অবশ্য নিরাপদ দূরত্বে চলে যেত তারা।

এই সময় চোখ বুজলেই, সাদা দুটো ডানা,
পিঠ থেকে আলতো করে বেরিয়ে পরতো।
তা দিয়ে হাওয়ায় ভর করে উড়ে যেতাম -
উড়ে যেতাম নীরব প্রান্তর গুলোয়, নীলের মাঝে।
তারপর আরো ওপরে উঠে মেঘদের কাছে; সাদা মেঘ!
তারপর বিকেল হত, সাদা মেঘ আর সাদা থাকত না,
গোধূলি লাগত; লাল, হলুদ, বেগুনি, কমলা কত রঙ -

ততক্ষণে যদিও আমি অন্তরীক্ষের কাছে পৌঁছে গেছি,
আর নিচে এই রঙের খেলা দেখছি, দেখেই যাচ্ছি...
মনে, কানে, চোখে সর্বত্রই সুন্দর বিরাজ করছে।

তখন বসন্ত ধীরে গিলে নিচ্ছে ধূসর মহাদেশ কে!
আঁধারে আলো ফুটছে, আলোতে পলাশ ঝরছে,
নতুন পাতায় অঙ্গ-প্রত্যঙ্গ ঢেকে যাচ্ছে। সুন্দর!
শরীরের ভাঁজে ভাঁজে কোঁকড়ানো স্মৃতি মিলিয়ে যাচ্ছে
নব বসন্তের হাওয়ায় হাওয়ায়। সুন্দর!

যখন বাঁশির আওয়াজ ক্রমে ক্ষীণ হয়ে আসে,
আমিও আস্তে আস্তে ঘরে ফিরে আসি, নিচে।

তারপর একদিন এক কাপ মনথারাপ নিয়ে
বেরিয়ে পরলাম আমি, এই বাঁশিওয়ালা কে খুঁজবো বলে।
যার বাঁশি আমাকে ওড়ার ডানা খুঁজে দিলো
সেই মানুষটাকে দেখবো না, চিনবো না তা কি হয়?
এই মানুষটা দেখতে কেমন? কিভাবে সে কথা বলে?
সে দিন শেষে কপালের ঘাম রুমাল দিয়ে মোছে নাকি,
জামার হাতা দিয়েই কাজ সারে?
সে কি গান কথা দিয়ে নাকি সুর দিয়ে মনে রাখে?
এসবই তো জানতে ইচ্ছে করে আমার।
তাই বেরিয়ে পরলাম, এই বাঁশিওয়ালা কে খুঁজব বলে!



ঝুপড়ি

Papri Paul

2nd Year BPT Student

ওদিন তিলজলার বাইপাসের সামনে দিয়ে ফিরছিলাম, দেখলাম এক বৃদ্ধ দম্পতি বাঁশের সাথে কালো ত্রিপল বাঁধছে। অস্থায়ী নিবাসী, যাকে আমরা ঝুপড়ি বলে জানি। তাঁরা আশ্রয় নিচ্ছে কালো ত্রিপলের তলায়। কিছু লোকজন দাঁড়িয়ে দেখছে ও বটে, কেউ আবার হাতে হাতে জিনিসও এগিয়ে দিচ্ছে। তাদের মধ্যেই কেউ জিজ্ঞাস করল দাদা আপনাদের ছেলে-মেয়ে? বৃদ্ধ লোকটির থমথমে মুখ যেন আরো থমথমে হয়ে গেল, বয়স্কা মহিলাটি উত্তেজিত হয়ে বলল -"পোলা আমার মস্ত ইনজিরিয়ার, গোটা গোটা ইনজিরিতে কথা কয়..."। তখনই বৃদ্ধ লোকটির গম্ভীর গলায় শোনা গেল -"আহ! সুমি..."। এরপর আর কেউ কিছু জিজ্ঞাস করল না, সবার যা বোঝার এই দু'এক কথায় বোঝা হয়ে গেছে। আমিও সময় নষ্ট না করে রওনা হলাম।

তাঁদের সম্ভবত একটি মাত্রই ছেলে। সেই ছেলে শিক্ষাগত যোগ্যতায় ইঞ্জিনিয়ার হলেও, তার মানবিকতার পরিসংখ্যান শূন্য। নতুবা বৃদ্ধ বাবা-মায়ের প্রতি এ সুলভ ব্যবহার, এ খানিক অমানুষের পরিচয়।

এই সকল কথা ভাবতে ভাবতেই অনেকটা রাস্তা পেরিয়ে টিনের গেট থেকে ছোট্ট জং ধরা তালাটা খুলে ঘরে ঢুকলাম, খানিক জল খেয়ে বিছানায় এলিয়ে পড়বো, এমন সময় পেন-ডায়েরি আর ডাটি ভাঙ্গা চশমাটা দেখে লেখক মনোভাবটা ফুটে উঠল। মাথায় শুধু ঘুরছে এক বৃদ্ধ দম্পতি, গল্পটা মন্দ হয় না কিন্তু।

গল্পের সংসারটা বেশ চলছিল, কিন্তু কোচরে করে বেঁধে আনা পয়সা একদিন শেষ হওয়ার ছিল। শুরু হলো অনটন, আর বাঙালি নিম্নবিত্তের ঘরে অনটনের সাথে উপবাসটা ফ্রিতে আসে। অবশ্য নিম্নবিত্ত বলা ভুল হবে, এনাদের কে এখন ঝুপড়ি বাসিও বলা চলে। তাঁরা কি কখনো ভেবেছিল মধ্যবিত্তের সংসারে একমাত্র ছেলেকে ইঞ্জিনিয়ার বানাতে সে বৃদ্ধ মা-বাবাকে ঝুপড়ি বাসি হতে বাধ্য করবে শেষ জীবনে। আবার শেষ জীবনে বলাও ভুল হবে, জীবনের শেষ কটা দিনে।

উপোস! মানুষ আর কটা দিন উপোস দিয়ে থাকতে পারে? তারা বেরোলো কাজের খোঁজে, কিন্তু বৃদ্ধ মানুষ, দেবে কে কাজ? তাই উপোসের অনশন ঘটল না। তার মাঝে মধ্যে লোকটি হয়তো একটা গোল পাউরুটি এনে তাঁর সুমির হাতে দিতে, তিনি কোন কাজের বিনিময় আনত নাকি খিদের জ্বালায় চুরি করে, তা বলা দায়।

তবে সেই শুক্রবার বৃদ্ধের স্ত্রী একটি বাড়িতে কাজ পেল, সেই বাড়ির লোক বলেছিল -"দুবেলা বাসন কটা মেজে দিয়ে যাবেন আর কটা করে ভাত নিয়ে যাবেন, আমাদের রোজই ভাত বাচে"। বয়স্কা মহিলাটি বেলা তিনটে নাগাদ কাজ সেয়ে খালি করে আঁচল চাপা দিয়ে ভাত নিয়ে প্রসন্ন মুখে ফিরছিলেন, ভাতের সঙ্গে বৃষ্টি কিছু তরকারিও ছিল। কিন্তু দুরন্ত গতিতে ছুটে আসা একটি মারুতির ধাক্কায় বৃদ্ধ লোকটির সুমি শেষ নিঃশ্বাস ত্যাগ করে। মিনিট দুয়েকের মধ্যে ভিড় জমে যায়।

বেশ খানিক পর দেখা যায় বৃদ্ধ লোকটি ভিড়ের দিকে উর্ধ্বশ্বাসে ছুটে আসছে, তার হাতে দুটি গোল পাউরুটি। লোক কাটিয়ে ভিড়ের কেন্দ্রে পৌঁছাতেই তাঁর হাত থেকে পাউরুটির প্যাকেট দুটি পড়ে যায়, তিনি পাথর হয়ে বসে পড়েন তার সুমির অসাড় হয়ে যাওয়া দেহের পাশে।

এই ঘটনার মাস তিনেক পর ওই তিলজলার বাইপাস দিয়ে সাইকেল নিয়ে ফেরার পথে দেখলাম কটা বাঁশের সাথে কারা যেন একটা নতুন নীল প্লাস্টিক বেঁধেছে, নতুন নিবাসী আরকি। আর একটা নতুন গল্প।



বাবা তোমার নামে উড়ো চিঠি

Sahida Sultana
2nd Year BPT Student

বাবা হলো পরিবারের ছাতা , সেই ছাতাটা মাথার উপর থেকে সরে গেলে জীবনের পথচলার যে কতোটা পরিবর্তন আসে সেটা হয়তো বুঝতে পারতাম না তুমি ছেড়ে চলে না গেলে। তুমি আমাদের মধ্যে নেই প্রায় ১ বছর ৪ মাস । সময়টা খুব কঠিন ছিল আমাদের কাছে। নিজেকে ঠিক মানিয়ে নিতে পারছিলাম না যে, তুমি আর নেই আমাদের কাছে। অফিস থেকে বাড়ি ফিরে তোমার মুখে আমার নাম শোনাটা যে কতোটা শান্তির ছিল , সেটা এখন খুব ভালোভাবে বুঝতে পারি। রাতের যেই সময়টাই তুমি বাড়ি ফিরতে সেই সময়ে এখনও তোমার অপেক্ষা করি হয়তো কোনো একদিন তুমি আমার নাম ধরে ডাকবে । জানি অপেক্ষা করাটা আমার বৃথা তবুও মন তো , মানতে চায়না। তোমার শিখিয়ে দেওয়া পথ দিয়েই হেঁটে চলেছি , কিন্তু কি বলতো বাবা , পথ তো ঠিকই হাঁটছি । তবে তোমার অনুপস্থিতি প্রতি মুহূর্তে আমাকে কাঁদায়। তোমার চলে যাওয়ার পরের জীবনটা অনেক কঠিন বাবা.....

তোমাকে অনেক ভালোবাসি বাবা, কোনোদিন তোমাকে বলা হয়নি আর কোনোদিনও বলতেও পারবোনা। জীবনের পথচলায় তুমি আমার পাশে থেকে বাবা আমি যেনো তোমার রেখে যাওয়া পরিবারকে তোমার মতো করে আগলে রাখতে পারি।



সম্মুখীন

Arindam Naskar
2nd Year BPT Student

বহুদিন পর তার সাথে আবার দেখা
সে ছিল রাস্তার ওপারে,
বাসট্যান্ডে দাঁড়িয়ে
আর আমি ছিলাম এপারে,
তার সম্মুখীনে ॥

সে তখন অফিস যেতে ব্যস্ত,
ঘড়ির প্রতি তার চোখ রয়েছে নির্বন্ধ
চোখে মুখে তার বিরক্তির ভাব
একদৃষ্টে আমি তার পানে চেয়ে রইলাম
ভাবলাম রাস্তা পেরিয়ে তার কাছে যাই,
তার সামনে গিয়ে দাঁড়াই ॥

পরক্ষণে ভয় হয়, ব্যস্ততার মাঝে যদি কথা না বলে
ততক্ষণে আমার অফিস বাস গেছে চলে
ট্রাফিকে আটকে থাকা গাড়িগুলি চলেছে ছুটে
আর তারই ফাঁক দিয়ে আমি দেখে চলেছি তাকে
এই বুদ্ধি সে আমাকে দেখে ॥

একে একে মনে ভিড় করছে হাজারও স্মৃতি,
বুক বেঁধেছে নানা প্রশ্ন বানে
হঠাৎ যেন সে হাত নেড়েছে আমার সম্মোদনে ॥

মুহূর্তেই সব চিন্তার হল অবসান
সব ভুলে নেমে পড়লাম রাস্তায়
রাস্তার ট্রাফিক পেরিয়ে যখন ওদিকে গেলাম
সে আর নেই ॥

দাঁড়িয়ে রইলাম চুপ করে,
এক নিমেষে সবকিছু মিলিয়ে গেল ।
দীর্ঘশ্বাস ফেলে বাড়ির পথ ধরলাম
বুঝলাম, সম্মোদন টা আমার জন্য ছিলনা
ছিল তার যাত্রার ইঙ্গিতমাএ ॥



DIGITAL INDIA

N Bhargavi

BBA (Hospital Management)- 3rd Semester

Digital India is a campaign launched by the Government of India to make various government services electronically available to the masses. The government plans to achieve this by strengthening the infrastructure for internet connectivity in the rural and urban areas of the country. The Digital India campaign was launched by Prime Minister of India Sri Narendra Damodar Modi on 1st July 2015.

Digital India was inaugurated in the presence of top industrialists such as RIL chairman and managing director Mukesh Ambani, Wipro Chairman Azim Premji, Tata Group chairman Cyrus Mistry and so forth at the Indira Gandhi Indoor Stadium Delhi. The government has assigned Bharat Broadband Network Limited (BBNL) as the project under Digital India to the citizens. There are other services like Bharat Interface for Money (BHIM) which uses Unified Payment Interface (UPI) to make payment quick, easy and simple. Crop Insurance Mobile App, E-Hospital, E-Pathshala (developed by NCERT), EPFO Web Portal and Mobile App, Start-up India Portal and Mobile App, etc.

The Digital India campaign consists of three core components as- Digital infrastructure to be made available as a core utility to every citizen, delivering government services digitally on-demand, Digital empowerment of citizens.

The digital infrastructure allows the residents to access government services using a digital identity. Most of the services are available online under the initiative. This project also provides high-speed internet access in all the rural regions. This will help them gain the benefits of the hundreds of government running projects. The community should also be responsible to deliver the government's digital services. This can be achieved using authentic government applications known as E-Pramaan. Under this program, the rural public should use and access different online services.

There were the days when we had to stand for hours in a queue to get our documents, bank works, pay bills, etc. Now for everything like ordering food, getting our documents, studying, travelling, paying bills, etc. are possible in some seconds at one click. We can do all these activities without going anywhere and sitting at our home or offices.



JAMES WEBB SPACE TELESCOPE

Arabinda Majhi
BBA- 3rd Semester

A billion-dollar time machine

The James Webb Space Telescope (JWST) is a space telescope and an intended successor to the Hubble space telescope as NASA's flagship mission in astrophysics. This is an international collaboration among NASA, ESA and CSA. The telescope is named after James Edwin Webb, a former administrator of NASA and also a key player in the Apollo program. JWST was finally launched on 25th December 2021 from the Guiana Space Centre, France after facing many setbacks like fund and design problems. The telescope's initial launch date was scheduled in 2007 with the budget being 1/10th of what the JWST currently values.

JWST is the largest space telescope ever made by humans and it is 100 times more powerful than its predecessor, the Hubble space telescope. The Hubble telescope sees visible light, ultraviolet radiation and near-infrared radiation whereas the JWST will operate solely on the infrared spectrum of light capturing objects in a better resolution than what Hubble could detect. JWST's primary goal is to study one of the first stars to exist after the big bang using infrared. Normally, Humans wouldn't be able to see this as light travels through the universe and gets stretched and becomes infrared, which is invisible to the naked eye. Hence, an infrared telescope like JWST would be able to detect this light, which has been travelling toward Earth for more than 13 billion years, essentially looking back in time. The other objectives of JWST are comparing galaxies from the past to those of today, studying the formation of stars and searching for any life in this vast space.

The space telescope has been out in space for more than 18 days now and it is nearing its current destination, the Lagrange point. JWST has an expected lifespan of 20 years and a lot to discover in the duration.



জীবন যেমন

Saptarnab Paul
BBA-5th Semester

ঘুম ভাঙতেই উঠে দেখি নেই তো কোন রব-
করোনা ভাইরাসের জেরে থমকে গেছে সব ।

টেনশন নেই অফিস যাবার -

টাইম মেনে রান্না করার,

রূপচর্চা পার্লার যাওয়া, ম্যাচিং করে lipstick পড়া,
রেস্টুরেন্টে খাওয়া দাওয়া, বন্ধুদের সাথে আড্ডা মারা -
weekend-এ ঘুরতে যাওয়া, ট্রেনের মুখরোচক খাওয়া-
লোকের বাড়ি যাওয়া আসা, মলে গিয়ে কেনাকাটা,
সবই হলো স্বপ্নাতীত-

সকল কর্ম থেমে গিয়ে; জীবন ধীরে যায় যে বয়ে,

ঘরের মধ্যে বন্দি থেকে, ছাদে গিয়ে স্বাধীন হয়ে,

লড়াই করা ঘরে বসে, নিঃশব্দে সবার সাথে ;

সাবধানেতে, সহজ ভাবে, এগিয়ে চলা জীবন রথে

ঘুমের থেকে উঠে পড়ার নেইতো কোন তাড়াছড়া,

নাই তো কলেজ ঘরে বসেই অনলাইনে লেখা পড়া।

গান শোনা আর ড্রইং করা, ক্যারাম আর লুডু খেলা

জিমনাসটিক্, ক্রিকেট খেলা স্বপ্ন পূরণ বড় হওয়া-

মোবাইল ফোনে কথা বলা, নিজের কিছু সেলফি তোলা-

পুরনো স্মৃতি সামনে রেখে, নতুন করে আবার চলা ।

পরিবারের সঙ্গে থাকা সবাই মিলে বন্ধু হওয়া-

সবকিছুকে ভুলে গিয়ে- tensionless জীবন গড়া।।



तू अकेला कहां रह जायेगा

Aasifa
BBA 5th Semester

वजूद, तेरा जा मिटान चला कोई ..
वो خاک में मिल जाएगा....|
शोला है तू आग है वो,
जो उन सब को राख कर जाएगा ...

जो चाही है मंजिल तूने,
उस तक लड़कर ही जा पाएगा...
मुसीबत लाख आए पथ पर,
उन सबको मात दे जाएगा ...

वजूद तेरा जो मिटाने चला कोई,
वो خاک में मिल जाएगा...
शोला है तू आग है वो,
जो उन सब को राख कर जाएगा ...

क्यों सोचता है अकेला है तू,
वहीं तक ना पहुंच पाएगा...
जब खुद खुदा है तरे साथ,
तो तू अकेला कहां रह जाएगा।



JUST ME

Subham Ghatak
BBA- 5th Semester

There will be days in life when
You'll feel like you're never good enough
You'll feel torn within
You get the numb feeling where
You can't feel your happiness anymore.
Precisely; 'Happiness'.
You'll lose interest in all the things
that were once very exciting for you.
You'll feel lost in a place
From where there's no escape
You won't know the reason
Why you're feeling this way.
There's this hollow feeling in the chest.
You feel like staying alone and
Be surrounded by people at the same time.
There's nothing really wrong with you
But everything's wrong around you.
These are the days you should hold on to.
Without giving a second thought,
These are the days when you should give
up
On the people you've outgrown
Leave behind the things that don't matter
anymore.
Put up with all the things that you want
And pursue the things that make you happy.
People will question and they'll judge too.
But at the end,
Who's there with you?
You.



SOCIAL NETWORKING SITES ARE A SOPHISTICATED WAY OF STALKING PEOPLE!

Nitish Kumar Shaw
BBA- 3rd Semester

In the last evolving 21st century, technology has a major role to play. To cope with these rapidly developing technologies humans have to entangle themselves in a virtual world. As a result, they are drawn away from the real and practical world. Mark Zuckerberg made a huge contribution in the field of social networking by inventing Facebook. People, millions of kilometres away can interact and chat with each other by logging into Facebook. Apart from it Twitter and Instagram are major sites that modern teenagers open on their desktop or mobile with enthusiasm.

In this modern world, competition is prevalent in every corner. To pursue dreams and passion they develop a competitive mentality. They try to improve themselves, improve their social status, present themselves in front of orders. With time the passion and energy, they have in them gets replaced by tension. To get a momentary enjoyment, people especially teenagers surf such social networking sites.

Far back in the 19th-century socialization was not developed across the world. With the vast contribution of science, technology started improving. Earlier people had to trust upon telecommunication to convey their messages to people far away but now one simply has to take help from the internet. Teenagers who are supposed to be the builders of a successful world have nothing to do rather than whole away their time surfing social networking sites. Like a coin has two sides, there are both advantages and disadvantages of using social networking sites.

Before the 21st century, people had to travel long distances to meet their near and dear ones. Earlier people had to wait for days so that their message could be conveyed by telecommunication and other means. But now, social networking sites have made all these possible in a matter of seconds. Facebook enables a person to chat with others as long as he or she wants. Sending letters is no longer needed. Teenagers can discuss their school or college issues. Those doing group work can easily communicate with each other so that they can produce a good project collectively. Important as well as urgent messages can be conveyed immediately via Facebook rather than wasting one rupee or two behind sending a message on phone. WhatsApp is also nowadays playing an important role in immediate communication and has achieved more popularity than Facebook.

But the other side of the coin is not at all pleasant. The day of a teenager starts with a chat on Facebook and ends with a video chat on Skype. In the name of doing some useful educational work, they surf social networking sites to derive pleasure usually by chatting with the opposite gender. Their parents in most cases have no knowledge about their activities and those who blindly trust their wards do while operating desktops, laptops, and mobiles all day long. In most schools, mobiles are not allowed. But the smart students deny this rule and share their mobiles to exchange materials via Xender and Share It which are not at all related to education. YouTube originally used to view missed television shows and religious programs are now being used widely in viewing inappropriate things by teenagers.

This is drawing a curtain over their eyes and creating a negative impression on their minds. As a result, social crimes such as murder, rape, kidnapping, molestation, etc. occur. Also chatting all day long on Facebook causes the deterioration of a student in his or her studies. Teenagers who get trapped in the labyrinth of social networking sites often indulge in clandestine love affairs which mostly result in murder or suicide. As vengeance for a rejected proposal or humiliation teenagers especially boys create fake accounts on Facebook courting and inviting girls who had made fun of them in past, to desolate places and snatch away their modesty ruining their lives. Beautiful people with passionate minds get enveloped in darkness and are eradicated from the face of the world.

Excessive surfing on social networking sites also creates havoc in the lives of adults. Those who idle away their time in social networking are sure to suffer a loss in their business. Women especially housewives post their pictures on Facebook and Instagram for likes and appreciation for their heavenly beauty. Like school and college-going girls, they often post images of themselves and the consequences that follow are much worse than imagined. A few months back it was read in the newspaper that a toddler was run over by a truck while her beautiful mother was taking selfies and posting them on social media. A young and promising life was nipped at the bud due to his/her mother's negligence. After doing research it was found that girls spend three days a week clicking selfies and dressing to make them presentable. We boys too post images of ourselves to invite likes from girls. They completely forget responsibilities and duties getting the bottomless abyss of the internet. Teenagers especially boys lie to their parents and spend hours surfing and scrolling YouTube to view unnecessary things. This creates a negative impact on their minds and thoughts. College and school-goers chat endlessly rendering themselves sleepless. With the Hike and Viber, they have got equipped with sophisticated ways of chatting with others boys and girls, set their 'date' via chatting, and in the pretext of going to school or tuition they roam around in parks and cinema halls. Parents believing their wards are thus deceived. The young boys and girls are becoming a reason for agony and despair for their parents rather than being a reason for pride. Notwithstanding the constant warnings from parents, teenagers cannot refrain from misusing social networking sites.

The Internet is being developed by industrialists and technologists to ease the work pressure of people. So people must not jump the bandwagon without thinking about the consequences of their actions. Social networking sites must be used in a meaningful way to improve the etc., doing welfare. If no humans will be driven more and more into the never-ending trap of the sites and ruin their own lives. People should frame their future by using social networking sites rather than making obstacles in their way to success.



COVID-19

Rajeshwari Dubey
BBA (Hospital Management)- 3rd Semester

In December 2019, a novel coronavirus called SARS-COV-2 has resulted in the outbreak of a respiratory illness known as covid-19.

Coronavirus disease 2019 (COVID-19) is a contagious disease caused by Severe Acute Respiratory Syndrome Corona Virus- 2 (SARS-COV-2) the first known case was identified in Wuhan, China in December 2019. The disease has since spread worldwide, leading to an ongoing pandemic.

The World Health Organization (WHO) declared the outbreak a public health emergency on international concern on 30 January 2020.

SYMPTOMS:

COVID -19 affects different people in different ways, most infected people will develop mild to moderate illness and recover without hospitalization. Symptoms of Covid -19 are variable but often include fever, cough, headache, fatigue, breathing difficulties and loss of smell and taste. Symptoms may begin one to fourteen days after exposure to the virus. at least a third of people who are infected do not develop noticeable symptoms. Of those people who develop symptoms noticeable enough to be classed as patients, most (81%) develop mild to moderate symptoms (up to mild pneumonia), while 14% develop severe symptoms (dyspnoea, hypoxia, or more than 50% lung involvement on imaging) and 5% suffer critical symptoms (respiratory failure, shock or multi organ dysfunction). Older people are at a higher risk of developing severe symptoms. Some people continue to experience a range of effects (Long Covid) for months after recovery, and damage to organs has been observed. Multi-year studies are underway to further investigate the long term effects of the disease.



TRANSMISSION:

Covid-19 transmits when people breathe in air contaminated by droplets and small airborne particles. The risk of breathing these in is highest when people are in close proximity, but they can be inhaled over long distances, particularly indoors.

Transmission can also occur if splashed or sprayed with contaminated fluids, in the eyes, nose or mouth, and rarely, via contaminated surfaces. People remain contagious for up to 20 days and can spread the virus even if they do not develop any symptoms.

DIAGNOSIS:

Several testing methods have been developed to diagnose the disease. The standard diagnostic method is by detection of the virus's nucleic acid by real-time reverse transcription-polymerase chain reaction (RT-PCR), transcription-mediated amplification (TMA), or by reverse transcription loop-mediated isothermal amplification (RT-LAMP) from a nasopharyngeal swab.

PREVENTION:

To prevent infection and to slow transmission of COVID-19, one must do the following:

- Wash your hands regularly with soap and water, or clean them with alcohol-based hand rub.
- Maintain at least 1-meter distance between you and people coughing or sneezing
- Avoid touching mouth and nose when coughing or sneezing
- Stay home if you feel unwell
- Refrain from smoking and other activities that weaken the lungs
- Practice physical distancing by avoiding unnecessary travel and staying away from large groups of people.



TREATMENT:

There is no specific, effective treatment or cure for COVID-19 while work is underway to develop drugs that inhibit the virus (and several vaccines for it has been approved and distributed in various countries, which have since initiated mass vaccination campaigns)

The primary treatment is symptomatic. Management involves the treatment of symptoms, supportive care, isolation and experimental measures.

Supportive care includes treatment to relieve symptoms, fluid therapy, oxygen support and prone positioning as needed, and medications or devices to support other affected vital organs. Most cases of covid-19 are mild. In these, supportive care includes medication such as paracetamol or NSAIDs to relieve symptoms (fever, body aches, and cough), proper intake of fluids rest and nasal breathing. Good personal hygiene and a healthy diet are also recommended.

People with more severe cases may need treatment in hospitals. In those with oxygen levels, the use of the glucocorticoid dexamethasone is strongly recommended, as it can reduce the risk of death.

Non-invasive ventilation and ultimately, admission to an intensive care unit for mechanical ventilation may be required to support breathing.

Several experimental treatments are being actively studied in clinical trials. Others were thought to be promising early in the pandemic, such as Hydroxychloroquine and Lopinavir/ritonavir, but later research found them to be ineffective or even harmful. Despite ongoing research, there is still not enough high-quality evidence to recommend so-called early treatment.

Nevertheless, in the United States, two monoclonal antibody-based therapies are available for early use in case thought to be at high risk of progression to severe disease. The antiviral Remdesivir is available in the US, Canada, Australia, and several other countries. With varying restrictions; however, it is not recommended for people needing mechanical ventilation, and is discouraged. Altogether by the WHO due to limited evidence of its efficacy.





DIARY OF THE LAST YEAR IN COLLEGE

Sayan Bhowmik
BBA- 6th Semester

So we are done and here comes the last year of our college, Ceasing all the memories we made in these three years. Those bare classrooms are now overwhelmed with memories. Those new faces in the college have now occupied a part of our hearts. Those empty benches and classrooms can take us back to those days of our commencing. When we started unaware of how much we are going to miss this journey. But life moves on, keeping the memories intact. Maybe someday leaving our busy life schedules we are going to sit back and think of these beautiful moments of our life and relish the memories we made.

I remember the day of our 'Annual Programme' and my house 'Satyajit Ray', how we used to bring out our concealed talents before our principal, teachers and friends. That hard work and those sleepless nights before a programme made my voice euphonious. The grapple to get the best out of me... is what I miss the most. I also miss the sports day of our college though we were unlucky enough to get it only once in our college life due to this pandemic.

Some teachers have occupied my heart so deep that I can never forget to mention them. They were an idol, a mentor, a friend all at a time. The way they used to teach us or correct us is never forgettable.

Today I feel like I am getting away from a huge umbrella that was protecting me from rains, storms and thunders to date. And now I will have to fight against all the storms of my life unattended, all alone.

We are unlucky for not being able to physically attend our classes in college. This covid pandemic took away from us the last memories of our college. The holding hands with friends, the hug before we leave our college, the discussion of plans in life after college, the promises of keeping contact and the promise of calling them in the wedding. That last touch of our college and the fragrance of our campus, everything is missing. From getting scolded in classrooms to joining meetings on online classes sitting back at home... everything is changed, seizing all the colours of life making it so uncomfortable and boring. Today standing at the culminating stage my heart urges to say...

You will be missed amigos,
May you have a bright life and
a better future.
ADIOS AMIGOS.



THE MARK

Sagnick Sengupta
BBA- 5th Semester

It was a cold winter morning and the students of class 12 were busy submitting their chemistry project profiles. Chris was scratching his head. He had totally forgotten about the project profiles. The teacher called out 'Chris. Roll no- 20'. He took his rough diary and his pen and leapt to the teacher's desk. He opened his diary, wrote the topic down and showed it to the teacher. 'What kind of handwriting is this? Give it to me on a fresh page. Do it neatly.' Chris opened another page and penned the topic down neatly. As instructed, he tore the page off and handed it over to the teacher. It was a great relief. It was a Friday, and the most tiresome class of the day was over. The last day of school and then there was a long winter vacation. Most schools in Budapest are closed for Christmas. Chris would be returning to his native place.

The last period of the day was over. He wished his friends a hearty farewell and then left the school. The term was coming to an end. He wished his friends 'Merry Christmas and a happy new year' and turned homewards.

It was a New Year's Eve and news had struck the entire nation. It was rumoured that there has been a single diary printed in the year 2019 that contained a special page, a page with a 30th and 31st of February 2019. It contained something special that could indeed make somebody rich. It was a diary printed by the "AIMES". And they would do the same for a dozen of diaries for the year 2020. It was nothing more than a cool business policy. The New Year was indeed great and Chris stood by his window watching The New Year celebrations in Berlin. He was happy for he was back home and had forgotten about Budapest. The next day he came by the news of the sudden demise of their chemistry teacher. A new teacher would be appointed and the entire school was sad for such a loss.

It was the last day of the vacation. He was back in Budapest. The WhatsApp group of the class reported that the newly appointed teacher had asked for the chemistry profiles. He tried to recollect the topic but couldn't. He hadn't been in touch with his studies the last month. Meanwhile, something struck his mind. He went straight to his study, searched his school bag, and grabbed his rough diary. It had remained untouched for the entire month. It read, "AIMES EXECUTIVE DIARY 2019". This diary was the property of Christopher Root. It was a relatively new diary and he had been using it for a couple of months. He used it for rough notes and other works. But he could feel some pages were loose. Chris went up to the page where he had previously written down the topic. The loose pages were due to the tearing of a page from its position. It was the same place from where he had stripped off the pages a month ago. His mouth was open, as he saw the pages 29th of February 2019 on the left and 1st of March 2019 on the right. That was the mark of the torn page, still there.



EDUCATION IS THE MOST BEAUTIFUL WEAPON

Sohail Mousam Mallik
BBA- 3rd Semester

In today's time education has just become a medium of chasing grades or high profile degrees instead of actually learning something. Most people have at the mind-set that getting better grades or holding a high-profile degree helps them to have a stress-free future. But according to recent scientific studies and statistics only a handful of people who actually give time to throw passion and goal become successful after a lot of hustle. The rest become like sheep who keep on chasing something like good degrees, 9-5 jobs a house loan, etc. And in time lose their passion and path to success. They never try to work on their skills and talent and actually gather knowledge about something. What I am trying to tell you is that living your dreams, working hard for your passion, and actually taking time to learn something is a better way to grow and become successful in your life...



IMAGINARY ME

Soniyanka Saha
BBA- 5th Semester

Oh, 'you are always in your world', 'you again zoned out', 'she does not pay attention, 'why are you so distracted', 'stop dreaming'.

Sounds familiar? No?

Well, for a person like me, these were statements of shame. Everyone around made me feel like an alien. Weirdo is what they always mentioned me as.

In a society where you are expected to follow the rules, marching on the beat of your drums is taken to be a crooked personality.

When young, children tend to depend on the approval of the elders. But what can be expected if the elders are the result of bad parenting. Instead of making the child accept its individualism, they make them question it. Unknowingly they destroy the child's confidence as well as restrict their thoughts. Children possess the most incredible power of imagination. Barring them from dwelling in their fantasy is nothing less than malfeasance.

The fear of being humiliated is built in them like the strongest bone. Often, the most extroverted child grows to become an introvert. We think it was their choice but it was their only way out of the critical world. A world where they were free to be whatever or whoever they wanted to be.

The only way we can exit the chain of self-doubts is by cherishing our unique selves. Imagine how great you would have felt if you ever met someone like you. If you love yourself as a person and would love to be with someone like you. You deserve to be appreciated.

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5. Minor Tens (Pocket Model)
6. Diagnostic Cum Therapeutic Muscle Stimulator
7. Therapeutic Muscle Stimulator
8. Interferential Therapy Unit (2 & 4 Khz, Rotating Scan Vector)
9. Electronic Cervical Traction Unit
10. Electronic Cervical Cum Lumber Traction Unit
11. Hydrocolator Unit (Moist Heat)
12. Wax Bath Unit
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16. Tilting Table
17. Hand Gym Kit
18. Square Peg Board
19. Imported Equipments

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(e) Traction (f) SWD Pulse & Continuous (g) Vacuum
Therapy Unit (h) C.P.M (i) Microwave diathermy.

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4. Defibrillator
5. Bed-side monitor
6. Pulse Oximeter
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8. Ultra Sound Scanner
9. Foetal Doppler
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12. Nebulizer
13. Oxygen Generator
14. Infusion Pump
15. Colour Doppler



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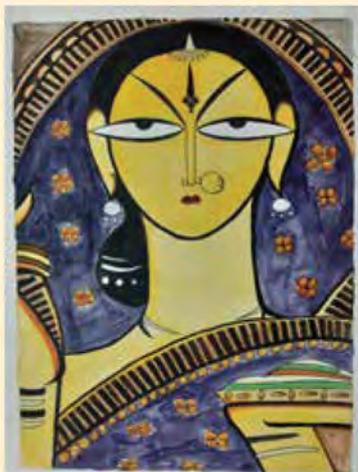
Dr. Anwesh Pradhan(PT)
Associate Professor, NIHS



Prantika Deb
4th Year BPT



Arpita Paul
4th Year BPT



Dipanwita Roy
1st Year BPT



Soumalya Sen
4th Year BPT



Madhabi Mondal
1st Year BPT

ART GALLERY

NOPANY INSTITUTE OF MANAGEMENT STUDIES



Madhuparna Majumder
Assistant Professor(BBA)



Triyasha Naskar
BHM 5th Semester



Subham Mukherjee
BBA 1st Semester



Dhriti Pramanik
BBA 5th Semester



Md. Sarmad Sohail
BBA 5th Semester



Kundan Kumar Ray
BBA 5th Semester



Monisha Naskar
BCA 3rd Semester



Ritul Singh Rajput
BCA 3rd Semester



Rohit Kumar Pandey
BCA 3rd Semester



Sukanya Manna
BBA 1st Semester



"Tuning with the Evening Sky"

Sujoy Roy
3rd Year BPT

"Shaping thoughts into reality"

Bodhisattwa Khatua
2nd Year BPT



"The Striking Night Sky"

Sujoy Roy
3rd Year BPT



"The Mirrored Hues"

Susmit Roy
1st year BPT

*"Art is a rebellion, it's a revolution.
It can bind you, it will set you free"*

Prantika Deb
4th Year BPT



"Finding the calm in the Chaos"

Papai Bagchi
1st Year BPT

"Wherever life plants you bloom with grace"

Papai Bagchi
1st Year BPT





“Power of Unity”

Indranil Pramanik
IT Support Technician

“Nature Is The Art of God”

Bhavika Buddhadev
(BBA 5th Semester)



“Beauty of A Garden”

Shilajit Ray
(BBA 5th Semester)

*“Adopt The Pace of Nature,
Her Secret Is Patience”*

Bhavika Buddhadev
(BBA 5th Semester)





"Swift As A Deer"

Mahendra Srivastava
Assistant Prof. BHM

"The Hues Painted By The Lord"

Nisha Singh
(BBA 1st Semester)



*"Moonlight Drowns Out All
But The Brightest Stars"*

Reekparna Sen
BCA 3rd Semester

"Happiness Blends With Nature"

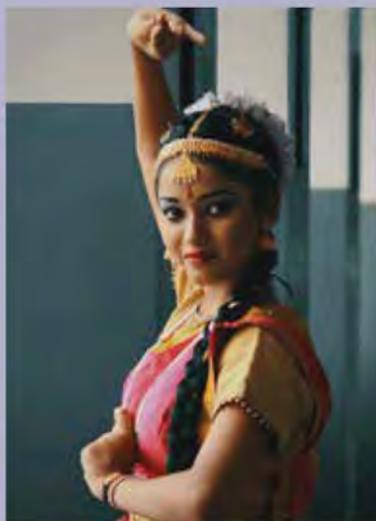
Saheli Ghosh
(BBA 5th Semester)





“Sea La Vie”

Dibakar Dutta
(Librarian)



*“Dancers Are
The Athletes Of God”*

Gunjan Sharma
(BBA 5th Semester)



*“Lighting Is The
Lifblood Of A Design”*

Sahina Ostagar
BCA 3rd Semester



“Shine Like A Rainbow”

Ritul Kumar Singh
BCA 3rd Semester



“Lighting Is The Lifblood Of A Design”

Sahina Ostagar
BCA 3rd Semester

PHOTO GALLERY NIHS

FREE PHYSIOTHERAPY CAMP ON INTERNATIONAL DAY OF PERSONS WITH DISABILITY ORGANIZED BY NOPANY INSTITUTE OF HEALTHCARE STUDIES ON 12TH DECEMBER 2021



(L-R) Dr. Bimlesh Kamat (PT), Dr. R S Gangatharan (PT), Dr. Tanusree Basak (PT), Prof. Gargi Ray Chaudhuri, Prof. Shabnam Agarwal, Mr. Anupam Das, Dr. Anwesh Pradhan (PT),



(L-R) Dr. R S Gangatharan (PT), Dr. Tanusree Basak (PT), Prof. Shabnam Agarwal, Dr. Anwesh Pradhan (PT), Dr. Tapas Kr Pal (PT), Dr. Bimlesh Kamat (PT), Clinical Physiotherapist along with MPT Students,



Patients waiting for assessment at the registration



Prof. Shabnam Agarwal conducting patient assessment at the camp



Dr. Bimlesh Kamat (PT) and Dr. Tapas Kr Pal (PT) along with the student volunteers at the camp



Dr. Tanusree Basak (PT) conducting a neck pain assessment at the camp



Dr. Tapas Kr Pal (PT) examining a patient at the camp



Dr. Anwesh Pradhan (PT) examining a patient

PHOTO GALLERY NIHS

17TH BATCH INDUCTION PROGRAM, BACHELOR OF PHYSIOTHERAPY COURSE ON 16TH DECEMBER 2021 AT COMMUNIS AUDITORIUM



Prof. Shabnam Agarwal delivered the welcome address and motivated the students at the BPT Induction Program



Mr Anupam Das oriented the 1st BPT students about the BPT Course and the various events conducted at NIHS



Prof. Gargi Ray Chaudhuri, BPT Coordinator, spoke about college rules and regulations at the BPT Induction Program

PHOTO GALLERY NIHS

13TH BATCH MASTERS IN PHYSIOTHERAPY COURSE INDUCTION PROGRAM ON 8TH JULY, 2021 AT COMMUNIS AUDITORIUM



Prof. Shabnam Agarwal interacting with the students at the MPT Induction Program

PHOTO GALLERY NIMS

NIMS ORGANISED THE INDUCTION PROGRAMME ON 4TH OCTOBER 2021 AT COMMUNIS AUDITORIUM FOR ALL THE THREE COURSES: BBA, BCA AND BBA (HM)



Prof. Subir Ghosh, Principal (NIMS) delivered speech at Induction-NIMS



Prof. Shabnam Agarwal, Director (NGI) delivered the welcome address & motivated the student at NIMS Induction

SEMINAR NIMS



2 Days Workshop

Training on Meeting Corporate Needs

3rd & 4th May 2021

MAY 3 Resume Writing (11am - 1pm)
Email Etiquette (2pm - 4pm)

MAY 4 Group Discussion (11am - 1pm)
Personal Interview (2pm - 4pm)

Conducted by **Mr. Kaushik Ganguly**
FCA, CGMA (UK), Professional Trainer
Founder & Chief Mentor, Single Minded EduServe Pvt. Ltd

Free Registration
for all NIMS students

All registered students will get the link to attend this online workshop.

NIMS conducted a 2-day workshop by Mr Kaushik Ganguly (Founder and Chief Mentor, Single-Minded EduServe Pvt. Ltd.) on the topic "Training on Meeting Corporate Needs" through MS Teams and the participants were all BBA, BCA and BBA (HM) students on 3rd and 4th May, 2021.



Nopany Institute of Management Studies

Registration Link: <https://bit.ly/3sNElg3>
(Last date of Registration 29th April 2021)
For more info call: +91 9007832252 / 9830329882



Thank you Mr. Kandarp Singh

Your Guest Lecture - **Importance of Project at Undergraduate Level** was extremely insightful, engaging and beneficial.

We look forward to more such session.

NIMS conducted a guest lecture session by Mr Kandarp Singh (Research Scholar- IMI Kolkata) on the topic "Importance of Project at Undergraduate Level" through MS Teams and the participants were BBA 5th Semester students on 31st May, 2021.



Nopany Institute of Management Studies

BBA BBA(HM) BCA

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#GuestLecture

Guest Lecture for BBA Students

Investment in Risky Assets with Minimum Risk

8 JUNE 2021 | 11AM

Mr. Satrajit Mandal
Ph.D Scholar, IIT-Kharagpur

NIMS conducted a guest lecture session by Mr Satrajit Mandal (PhD Scholar- IIT Kharagpur) on the topic "Investment in Risky Assets with Minimum Risk" through MS Teams and the participants were BBA 5th Semester students on 8th June, 2021.



Nopany Institute of Management Studies

BBA BBA(HM) BCA

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#GuestLecture

The Personalized Corporate Touch

22 JUN | 23 JUN | 24 JUN
BBA | BCA | BHM

Time: 2pm - 5pm

Kaushik Ganguli
BCom (Hons), FCA, CGMA (UK)
Founder and Chief Mentor
Single Minded EduServe Pvt Ltd

NIMS conducted a guest lecture session with Mr Kaushik Ganguly (Founder and Chief Mentor, Single-Minded EduServe Pvt. Ltd.) on the topic "The Personalized Corporate Touch" through MS Teams and the participants were all BBA, BCA and BBA (HM) students on 22nd, 23rd and 24th June, 2021.



Nopany Institute of Management Studies

BBA BBA(HM) BCA

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NIMS conducted a workshop by Mr Saumyadip Ghosh (Solution Architect: Ericsson) on the topic "Workshop on Embracing the 5G Innovation" through MS Teams and the participants were all BCA students on 28th June, 2021.



#GuestLecture

Embracing the 5G Innovation

Career in telecom industry for BCA students

12 JUNE 2021 | 10:00 - 11:30AM

Mr. Saumyadip Ghosh
Solution Architect - Ericsson

Open for all
Last day of Registration
9th June 2021



Nopany Institute of Management Studies

BBA BBA(HM) BCA

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FACULTY DEVELOPMENT PROGRAMME NGI

THEME: 'INTRODUCTION OF TEACHING PEDAGOGY' ON 21ST SEPTEMBER 2021



Dr. Subir Ghosh delivered the introductory speech on "Pedagogy for Effective Teaching Learning Process"



Prof. Gargi Ray Chaudhuri presented a talk on Mistake-led and learning based on Question & Answer



Dr. Tapas Kr Pal (PT) and Dr. Anwesh Pradhan (PT), presented a talk on Clinical Teaching Methods at the Workshop



Dr. Goutam Guha, Principal, Nopany High School presented a talk on Blooms Taxonomy at the Workshop

PHOTO GALLERY NGI

CELEBRATION OF INDEPENDENCE DAY, 2021



Flag Hoisting by Prof Shabnam Agarwal and Prof Subir Ghosh



Prof Shabnam Agarwal with NIHS faculty members Dr. Anwesh Pradhan (PT) and Dr. Tapas Kumar Pal (PT)

NGI PICNIC

NGI FACULTY PICNIC 2021 AT PRASENJIT BAGANBARI,
AMTALA



Posing with the ripple effect



Enjoying the Musical Chair Game



Mr. Dibakar Dutta- Winner of the
Musical Chair Game



The mandatory click- Group
Photo



A Groupie Moment



The NARI-GANG at the Picnic

ACADEMIC EXCELLENCE AWARDS (NIHS)



Sujata Deb Roy
Topper 2nd Year
MPT 2018 Batch



Manisha Ghosh
Topper 4th Year
BPT 2016 Batch



Swarup Ghosh
Topper 3rd Year
BPT 2017 Batch



Sujay Roy
Topper 2nd Year
BPT 2018 Batch



Arindam Naskar
Topper 1st Year
BPT 2019 Batch

ACADEMIC EXCELLENCE AWARDS (NIMS)



RISHABH SHARMA
(2017-18-BBA)



MADHU NAG
(2017-18-BCA)



UPASANA LAHIRI
(2017-18-BBA-HM)



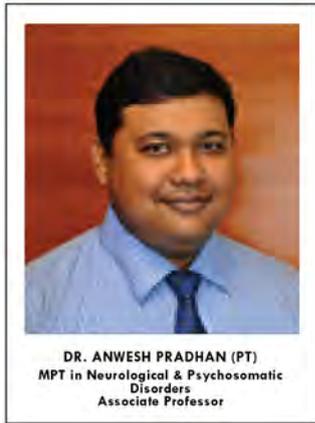
ANJALI RATHI
2018-19-BCA)



ALIYAN SHAMIM
(2018-19-BBA)



**KANIKA
BHATTACHARYA**
(2018-19-BBA-HM)



NIHS EXTERNAL FACULTY MEMBERS

DR. SHIBANI MAZUMDER
Anatomy

DR. SEBANTI MUKHERJEE
Biochemistry

DR. UJJWAL BANERJEE
Pathology

DR. SHIBENDU BISWAS
Microbiology

DR. SIKHA DUTTA
Pharmacology

MS. TANURIMA BASAK
Psychology

DR. SARBARI SEN
Sociology

DR. ATANU CHATTERJEE
Orthopaedics

DR. SNIGDHA SARKAR
Surgery

DR. PINAKI DUTTA
Medicine

DR. RAMESH BHATTACHARYA
Neurology and Neurosurgery

DR. SAMPURNA SETT (PT)
Neurology and Neurosurgery

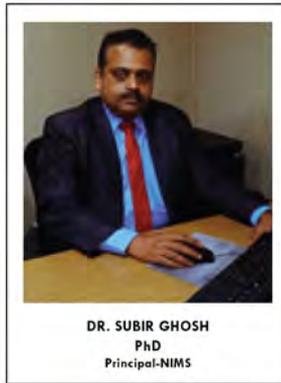
MS. SUBHRA GANGULY
Biostatistics

DR. KUNAL KANTI MAJUMDAR
Disability Prevention and Rehabilitation

NIMS TEAM



DR. SHABNAM AGARWAL
PhD
Director- Education



DR. SUBIR GHOSH
PhD
Principal-NIMS



MR ANUPAM DAS
MBA
Administrative Officer



MS. ANAMIKA DE AMIN
MA (ENGLISH), PGDPR, DELT
Studies Coordinator



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M-PHIL, M.COM, MBA
Assistant Professor & Coordinator - BBA



MS ANWESHA NAG
MHH
Assistant Professor & Coordinator - BHM



MS KAVERI BANERJEE
MCA
Assistant Professor & Coordinator - BCA



MR MAHENDRA SRIVASTAVA
MBA
Assistant Professor



MR ANIRBAN GHOSH
M.COM, MBA
Assistant Professor



MS. MADHUPARNA MAJUMDER
PGDM
Assistant Professor



MS. PARMITA DHAR
MA
Assistant Professor



SUKANYA MUSTAFI
MBA
Assistant Professor



SUDESHNA UPADHYAY
BHMS, MHA
Assistant Professor



MS. PRIYANKA BHATTACHARYA
M.TECH IN CSE
Assistant Professor



MS. SUBHRA GANGULY
MPHIL, M.SC.
Assistant Professor



SUKANYA BELE
MBA
Assistant Professor

NGI STAFF MEMBERS



MR. DIBAKAR DUTTA
Librarian-NGI



MR. SUBRATA DAS
Accountant



MR. SASHI GURUNG
Jr. Accountant



MR. JOHEB CHOWDHURY
UX/UI Designer,
Technical Assistant



MR. INDRANIL PRAMANIK
IT-Support Technician



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